Importance of Specimen Collection and Storage in Immunologic Biomarker Development

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Need for High Quality Stored Specimens for Future Analysis



Sample Collection

Lymphocytes/PBMC Peripheral Blood RNA DNA Serum Tumor (DTH-Skin?)

Quality Processing and Storage

SOP for each sample type which maintains sample integrity QC Program for each sample type Linked data Prospectively defined clinical outcome assessment-long term F/U

Make sure there is enough material to analyze <u>and</u> bank

Ensure sample and data integrity via validated SOP

Banked Samples: Feasibility of Large Volume Blood Collection

Parameter	Volume Blood Drawn (ml)	Cells/ml whole blood	Hct
Desired value	250	10 ⁶ /ml	>30
# of samples	416	376	416
Median	200	0.8x10 ⁶	37
Mean	184	0.9x10 ⁶	37
Minimum	10	0.1x10 ⁶	29
Maximum	255	3.2x10 ⁶	54

- Stage III/IV breast cancer patients across 3 trials (115 patients)
- Minimum 30 days from chemotherapy
- Large volume blood (200-250 cc) every 3 months for 1 year
- Majority of patients collected via venipuncture

Change in Hematocrit vs. Volume of Previous Blood Draw



Volume Previous Blood draw (ml)

Banked Samples: Ensuring Functional Capacity of T Cells





Validation Across Multiple Assays of Same Class



Validation in Stored Samples: Ongoing Performance



Recovery of Viable Cells

<u>Analysis of 80 samples</u> Age range: 30-2500 days, av. 600 Median recovery: 70% Mean recovery: 70% Range: 22-130%



Maecker et al, BMC Immunol, 2008

Protocol for Isolation, Cryopreservation, and Thawing of PBMCs

Description

Cryopreserved PBMCs are a common specimen source for studies of immunological responses to vaccines, immunotherapies, etc. The health and viability of cells recovered post-cryopreservation are of course critical to the success and accuracy of immunological assays performed on them. We have developed this protocol to help standardize PBMC isolation and cryopreservation techniques, specifically for the assessment of thawed cells by cytokine flow cytometry.

Cryopreservation of PBMCs

The following protocol for freezing PBMCs uses a final concentration of 10% dimethylsulfoxide (DMSO) and 11.25% protein (human serum albumin) in cRPMI. Cryoprotectants, such as DMSO, reduce the amount of ice present during freezing and reduce solute concentration, thus reducing ionic stress. However, these compounds can themselves cause osmotic injury since they are hypertonic and can cause damage during their addition or removal.

- Resuspend PBMCs (from Isolation section of Processing of Fresh PBMCs, above) at 1 x 10⁷ viable lymphocytes/ml in 4⁹C 12.5% HSA in RPMI medium, in a 50 ml conical polypropylene tube.
- While givetly swirling the tube, add dropwise enough 4 C 2X freezing medium to double the volume of the cell suspension.
- Immediately place the tube on ice. Avoid any further mixing or agitation of the cells. Slowly remove the cell suspension into a pipet and dispense 1 ml per cryovial on ice.
- Place the cryovials in a pre-cooled Mr. Frosty-style freezing container that has been filled with 70% isopropanol according to the manufacturer's instructions. Place the freezing container at -80°C.

Thawing of PBMCs

If PBMCs are not thawed properly, viability and cell recovery can be compromised; and cells may not perform optimally in functional assays. In general, cells should be thawed quickly but diluted slowly to remove DMSO. Cells with DMSO intercalated into their membranes are very fragile, and must be pelleted and handled gently.

- 1. Warm cRPMI to 22°-37°C in a 37°C water bath before beginning thawing procedure.
- Transfer the cryovial from liquid nitrogen to a 37°C water bath. If liquid nitrogen has seeped into the cryovial, loosen the cap slightly to allow the nitrogen to escape during thawing.

Disis et al, J Immunol Meth, 2005 Maecker et al, BMC Immunol, 2005