

# Phase II Trial of Concurrent Nivolumab and Radiation Therapy in Chemotherapy Ineligible Muscle Invasive Bladder Cancer [NUTRA trial]

Ulka Vaishampayan <sup>1</sup>, Saby George <sup>2</sup>, Lance Heilbrun <sup>1</sup>, Jordan Maier <sup>1</sup>,  
Dongping Shi <sup>1</sup>, Brenda Dickow <sup>1</sup>, Michael Kuettel <sup>2</sup>, Arthur Frazier <sup>1</sup>, Stacey  
Suisham <sup>1</sup>, Prahlad Parajuli <sup>1</sup> and Nitin Vaishampayan <sup>1</sup>.

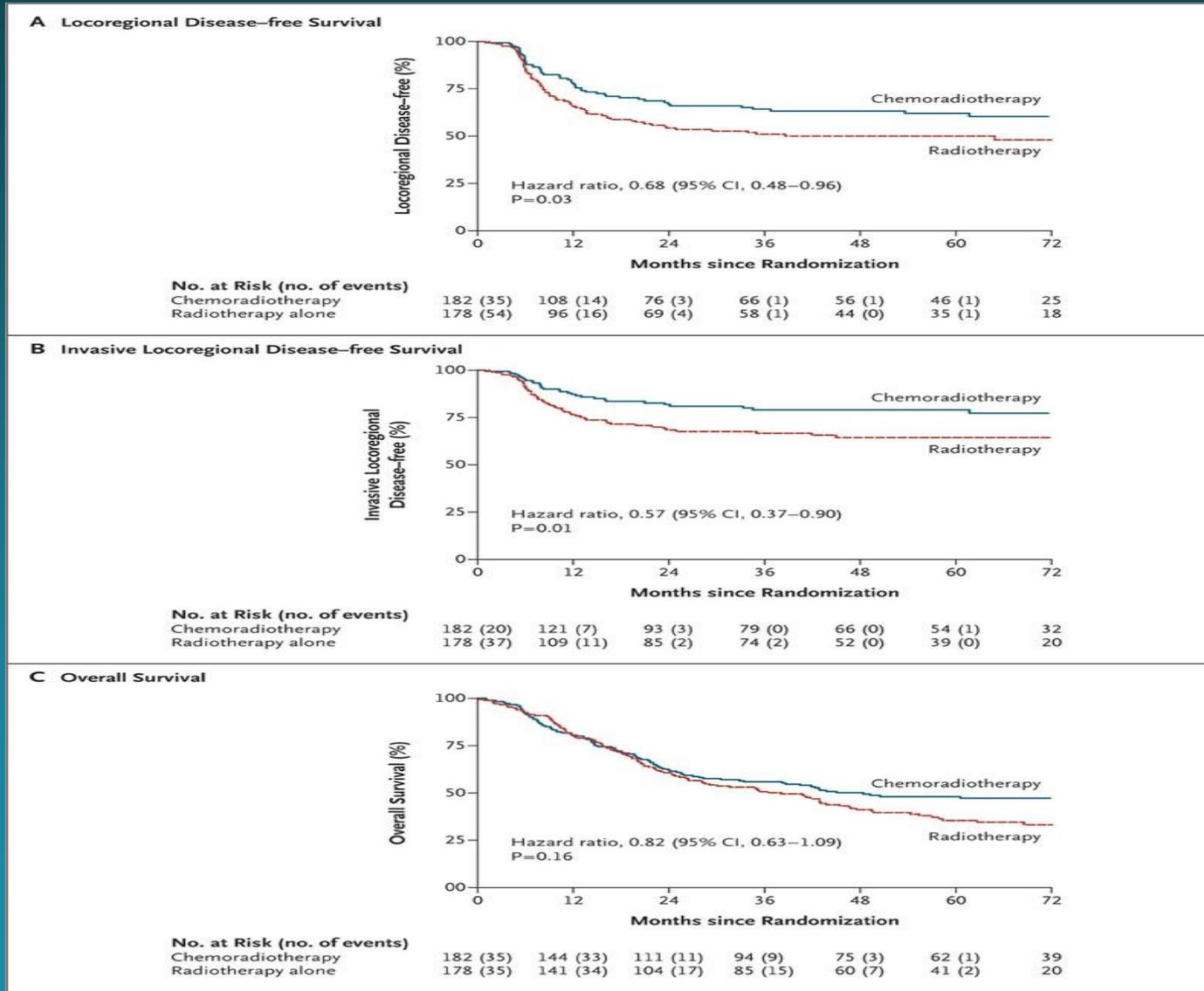
<sup>1</sup> Karmanos Cancer Institute/Wayne State University Detroit MI

<sup>2</sup> Roswell Park Cancer center Buffalo, NY.

Funded in part by Bristol Myers Squibb Inc.

# ChemoRT vs RT alone in Bladder Ca

James N, et al N Engl J Med 2012

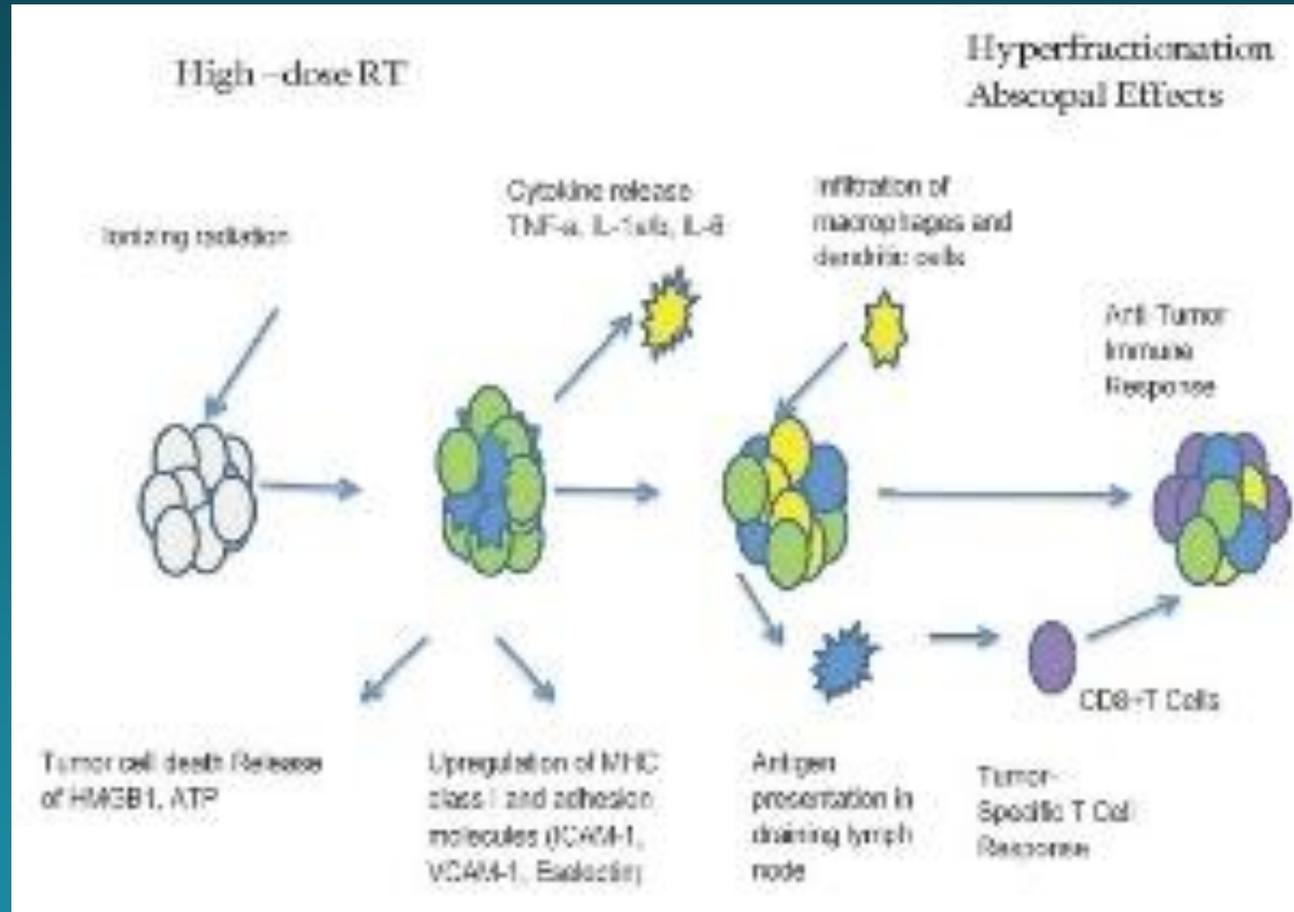


# Background

- Bladder cancer is increasing in incidence in the elderly
- Pts > 75 years with muscle invasive bladder cancer (MIBC) had a mortality of 48% in cystectomy group and 61% in RT group at median follow up of 10 months [Tripathi A, et al. JCO 2017 and Taylor JA et al. Nat Clin pract urol 2009]
- Many patients are not candidates for chemotherapy due to comorbid conditions, performance status, or having received prior chemotherapy with progression.
- Patients with comorbidities and elderly pts are underrepresented in prospective clinical trials.
- Finding therapy options for chemotherapy and cystectomy ineligible patient population is a huge unmet need.
- We have previously reported on use of capecitabine and RT in localized urothelial cancer in an elderly and sick population with 61% remission rate at 10 months. [Patel B, et al. Int J Rad Oncol Biol Phys 2005]
- We conducted a phase II trial in this patient population of concurrent nivolumab and radiation therapy

# Rationale for Immunotherapy and RT

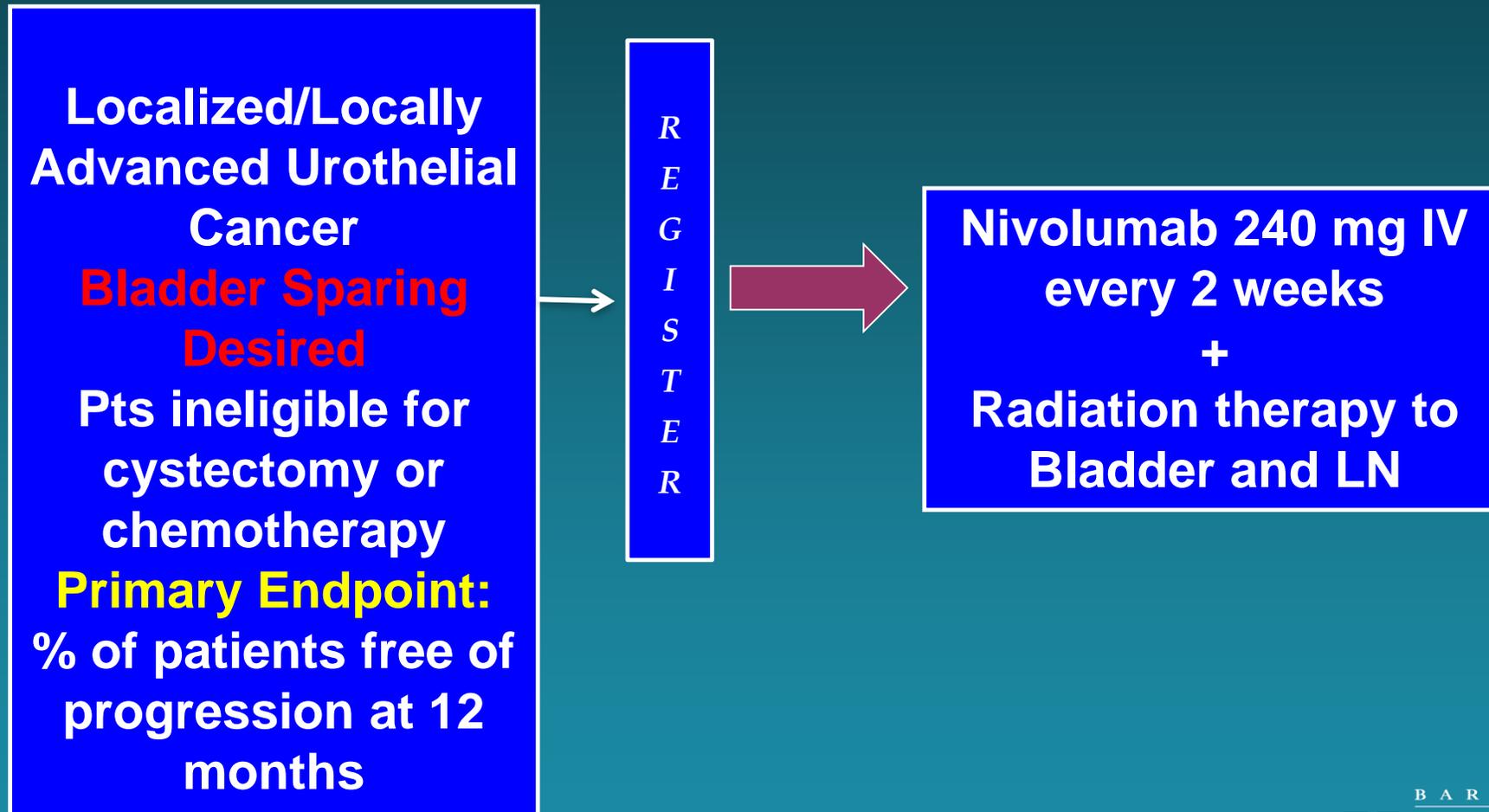
Asna N et al Curr Oncol 2018



# Objectives

- **Primary objective:**
- To compare the 12-month rate of progression-free survival achieved with the combination of nivolumab, a programmed death (PD-1) inhibitor, and radiation therapy in localized/locally advanced urothelial cancer patients, to a historical control reference rate.
- **Secondary Objectives:**
  - 1) To assess the toxicity of concurrent nivolumab and radiation therapy in urothelial cancer.
  - 2) To determine overall response rate (ORR).
  - 3) To determine metastasis-free survival (MFS).
  - 4) To determine overall survival (OS).
  - 5) To evaluate the quality of life and bladder functioning during and after the therapy.
  - 6) To explore the relationships of PD-1 expression, PDL-1 expression, and the Th1/Th2 cytokine ratio to clinical outcomes (response, PFS, MFS, and OS).

# STUDY DESIGN



Multicenter trial.: KCI and Roswell park, 14 of 30 patients enrolled

# Statistical Design

- 1-arm 1-stage survival type design focused on the primary endpoint of the 12-month PFS rate.
- The study design assumptions are:
  - 1) A population reference value of 50% 12-month PFS rate from standard of care with RT alone
  - 2) A hypothesized 75% 12-month PFS rate for patients treated with Nivolumab+RT;
  - 3) Accrual time of 24 months;
  - 4) Significance level  $\alpha = 0.025$  (1-sided, due to the directional hypothesis);
  - 5) Power = 0.95 (high due to the unmet need for improved therapy options for study eligible patients).
- **Sample size of 30 evaluable patients**

# Patient Eligibility

- Histologically confirmed muscle invasive urothelial carcinoma
- No e/o distant metastasis
- Serum creatinine  $< 1.5 \times$  institutional ULN
- Not candidates for surgery or standard chemoradiation strategy due to any of the following;
  - Zubrod performance status of 2
  - creatinine clearance  $\leq 60$ ml/min
  - cardiac disease
  - neuropathy
  - intolerance to previous treatment

# Radiation Therapy

- Radiation Therapy (RT) had to be started within +/- 3 days of nivolumab administration.
- RT would be administered at a total dose of 64 Gy in 32 fractions over a 6-8-week period in all patients.
- Inclusion of external iliac, internal iliac, perivesical, presacral and obturator nodes, as well as, the prostate in male patients, is at the discretion of the treating physician.
- In node positive disease, the pelvic lymph nodes had to be included in the initial treatment field.
- The total PTV64 Gy dose delivered will be 64 Gy in 2 Gy per fraction.

# Study Plan

- The primary endpoint is progression free survival rate at 12 months.
- Nivolumab is started within 3 days of radiation therapy and is administered at the dose of 240 mg intravenously every 2 weeks for a maximum of 6 months.
- Radiation therapy is per standard of care for bladder cancer.
- Imaging and cystoscopy and biopsy evaluation is required at months 3, 6 and 12 and then annually until progression.

# Correlative Analyses

- PD-1, PDL-1, TILs
- Serum cytokines: Th1/Th2
- Correlation with PFS

## Patient Reported Outcomes:

- FACT-IT Questionnaires
- Bladder Symptom Index Questionnaires

# Results: Patient Characteristics

Characteristic	N=14 (%)
Median age	71years [54-95 years]
Gender : Male/Female	12 (86%) /2 (14%)
Race : AA/CA	3 (21%) /11 (79%)
T stage: T3, T4/ T2	2 (14%) /12 (86%)
Prior intravesical BCG therapy	3 (21%)
Prior Chemo	2 (14%)
Lymph Node Metastases	1 (7%)

# Toxicities

Adverse Events	N=14 (Grade)
Rash	1(Grade 3)
Diarrhea	4 (Grade 2)
Dehydration	2 (Grade 2)
Hypothyroidism	2 (Grade 2)
Immune/RT Cystitis	3 (Grade 2)
Fatigue	4(Grade 2)
Transaminitis	1 (Grade 3)
Urinary Infection	2 (Grade 2)
Anemia	3 (2 Grade 2 and 1 Grade 3)
Steroid Use	9 (64.2%)

# Efficacy Results

- 8 patients are evaluable at 6 month assessment
- 5 patients demonstrated complete remission
- 1 showed residual CIS
- 4 of 11 patients had PDL-1 combined positive score (CPS) of 5, 10, 15 and 40%. Of the non responders only 1 had CPS of 5%, all others were 1% or less.
- Preliminary immune evaluation results indicate an improvement in CD4:CD8 ratio, natural killer (NK) cell expansion as well as enhanced expression of T cell and NK cell activation markers.

# Conclusions

- Concurrent nivolumab and radiation therapy is tolerable
- Promising efficacy is noted even in an elderly population with multiple comorbidities.
- The regimen is worthy of investigation in this patient population with urothelial cancer
- The pretherapy CPS maybe a potential biomarker for selection of patients who will not benefit and should be directed to chemotherapy with RT.

# Acknowledgements

- **Study collaborators:**  
Dr Saby George and the Roswell Park Team
- Radiation and Med Oncology team at Karmanos/McLaren
- Clinical trials office staff
- **Patients and their Families**

