



# Mechanisms of Immune-Related Adverse Events

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# Disclosures

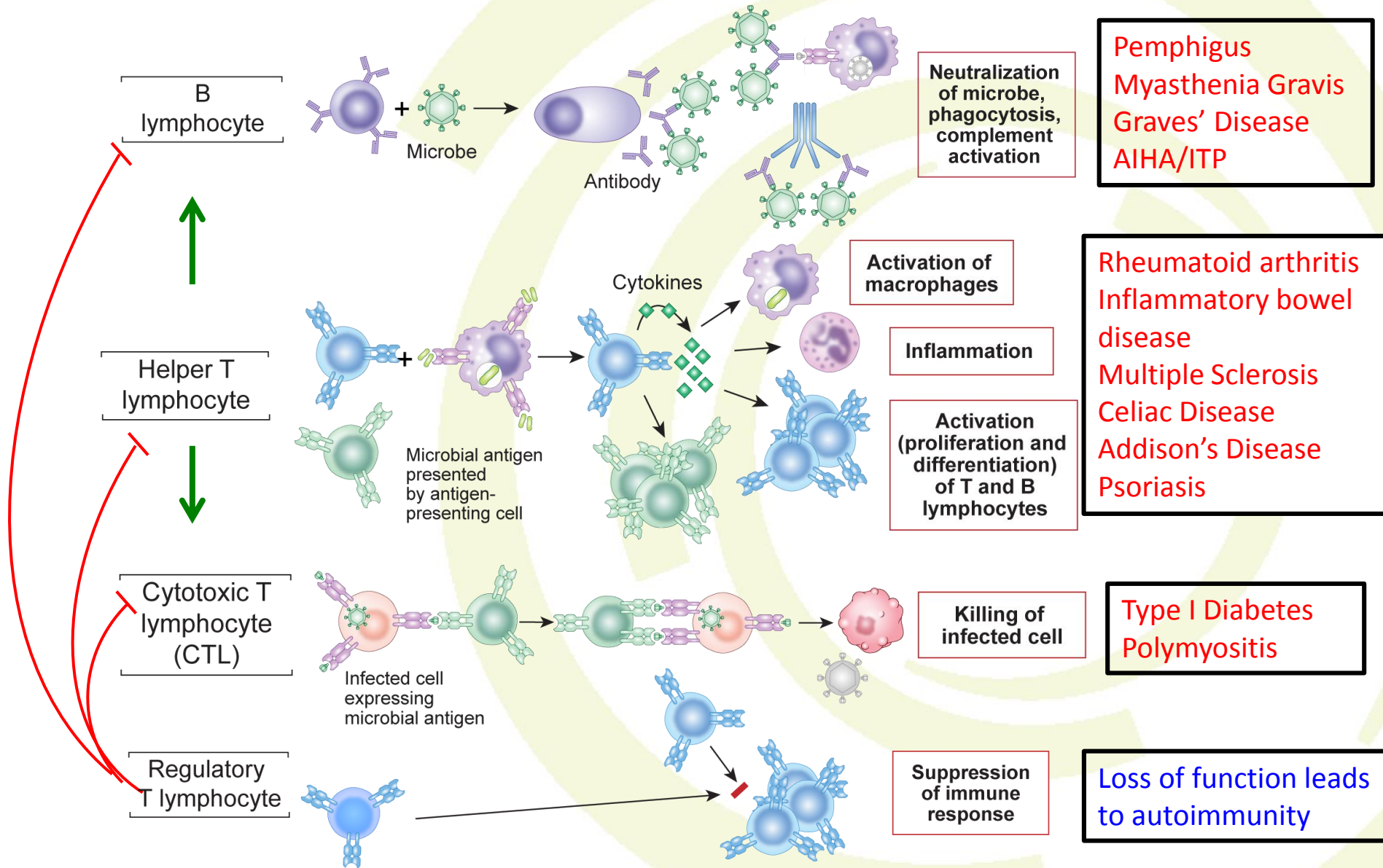
- Advisory Board: Incyte
- Research Support: Bristol-Myers Squibb, Merck, Incyte, Checkmate Pharmaceuticals
- I will not be discussing non-FDA approved indications during my presentation.



## Outline

- Basic principles of immunological tolerance and autoimmunity
- Differential roles of CTLA-4 and PD-1 in maintenance of tolerance
- Mechanisms of breakdown of tolerance by checkpoint blockade

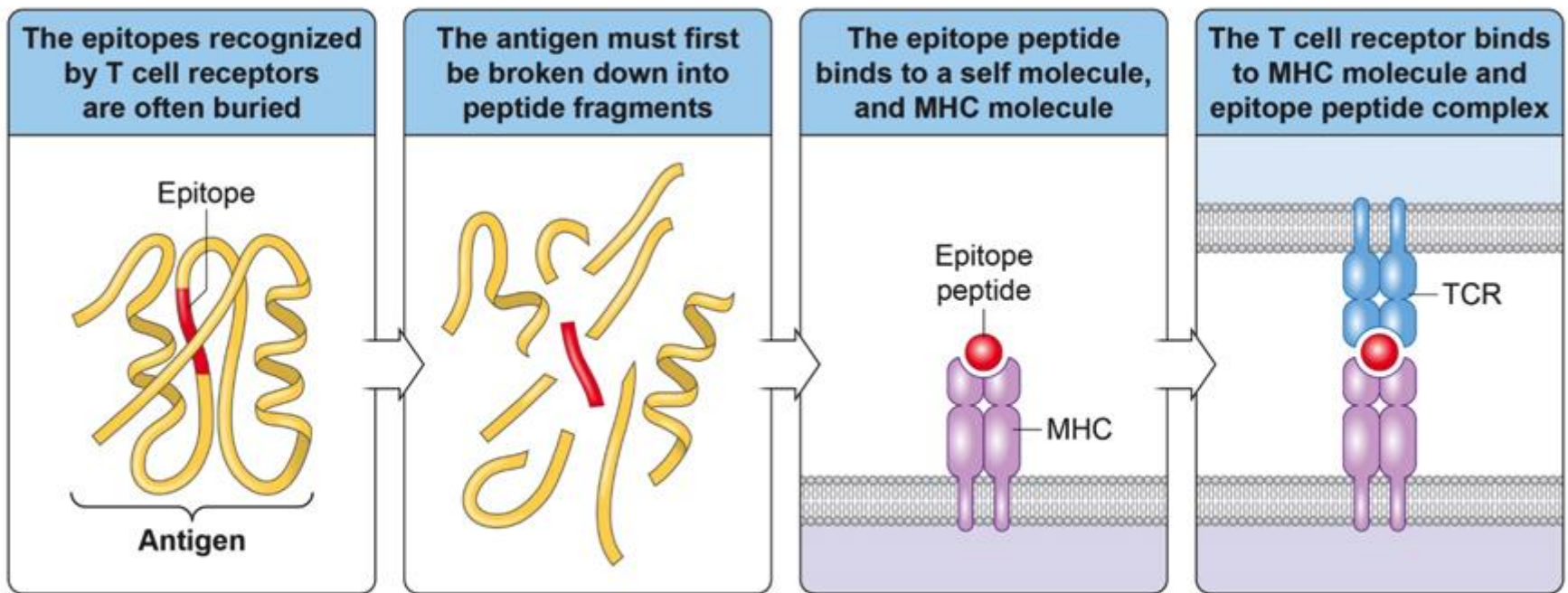
# Major Effector Cells of the Immune System



# Most Autoimmune Diseases are due to Failure of T cell Tolerance



## As a reminder...



MHC = Major Histocompatibility Complex

*also called the HLA (human leukocyte antigen) complex*



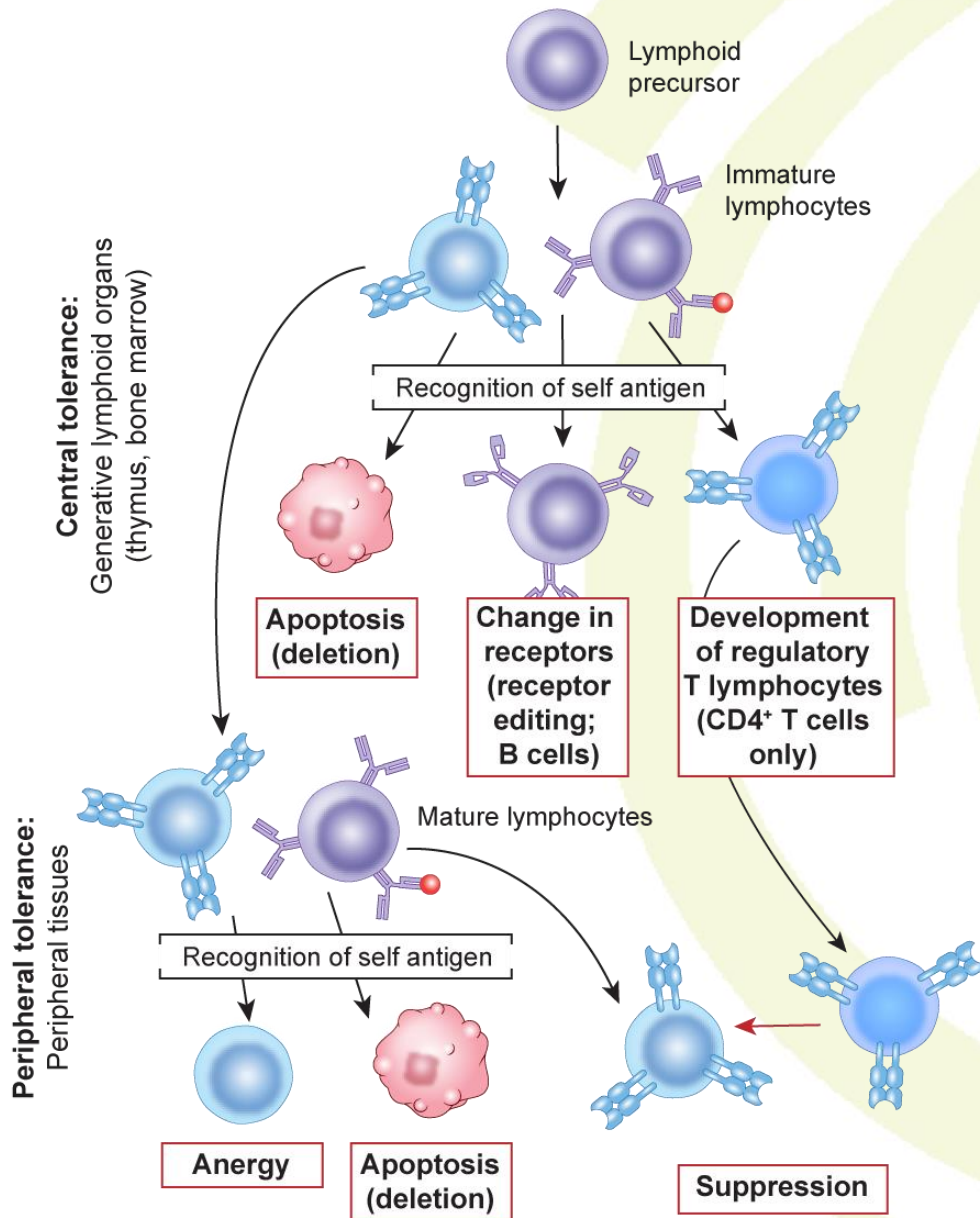


# HLA (or MHC) is the strongest genetic factor for susceptibility to autoimmune disease

HLA- and gender-associated risk for autoimmune disease			
Disease	HLA allele	Relative risk	Sex ratio (♀:♂)
Ankylosing spondylitis	B27	87.4	0.3
Type 1 diabetes	DQ2 and DQ8	~25	~1
Goodpasture's syndrome	DR2	15.9	~1
Pemphigus vulgaris	DR4	14.4	~1
Autoimmune uveitis	B27	10	<0.5
Psoriasis vulgaris	CW6	7	~1
Systemic lupus erythematosus	DR3	5.8	10–20
Addison's disease	DR3	5	~13
Multiple sclerosis	DR2	4.8	10
Rheumatoid arthritis	DR4	4.2	3
Graves' disease	DR3	3.7	4–5
Hashimoto's thyroiditis	DR5	3.2	4–5
Myasthenia gravis	DR3	2.5	~1
Type I diabetes	DQ6	0.02	~1

Figure 15.37 Janeway's Immunobiology, 9th ed. (© Garland Science 2017)

# Central and Peripheral Tolerance



## Central Tolerance

- For T cells it occurs in the thymus
- Fate of high affinity, self-reactive T cells is death (deletion) and removal from T cell pool
- Some survive as regulatory (suppressor) T cells while others escape to peripheral tissues

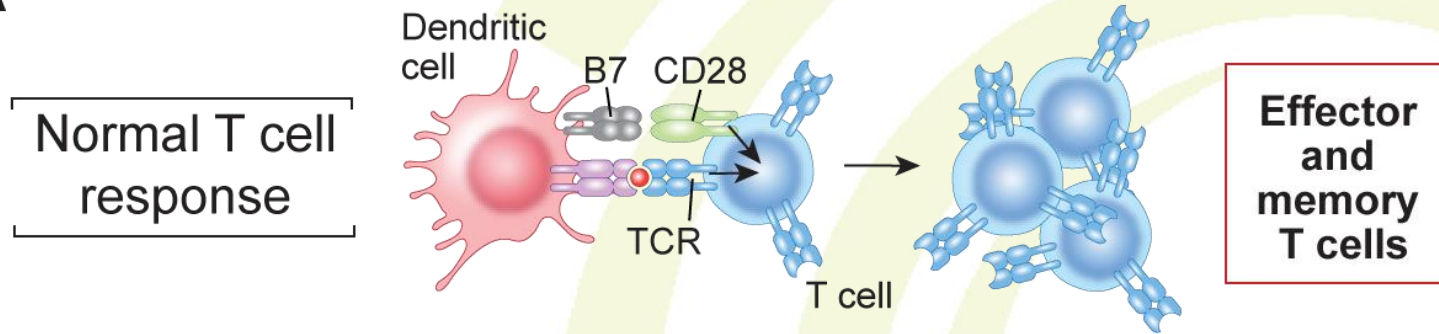
## Peripheral Tolerance

- Self-reactive T cells are suppressed by regulatory T cells
- CTLA-4 and PD-1, among other molecules play a role in maintaining self-reactive T cells from becoming activated (anergic)

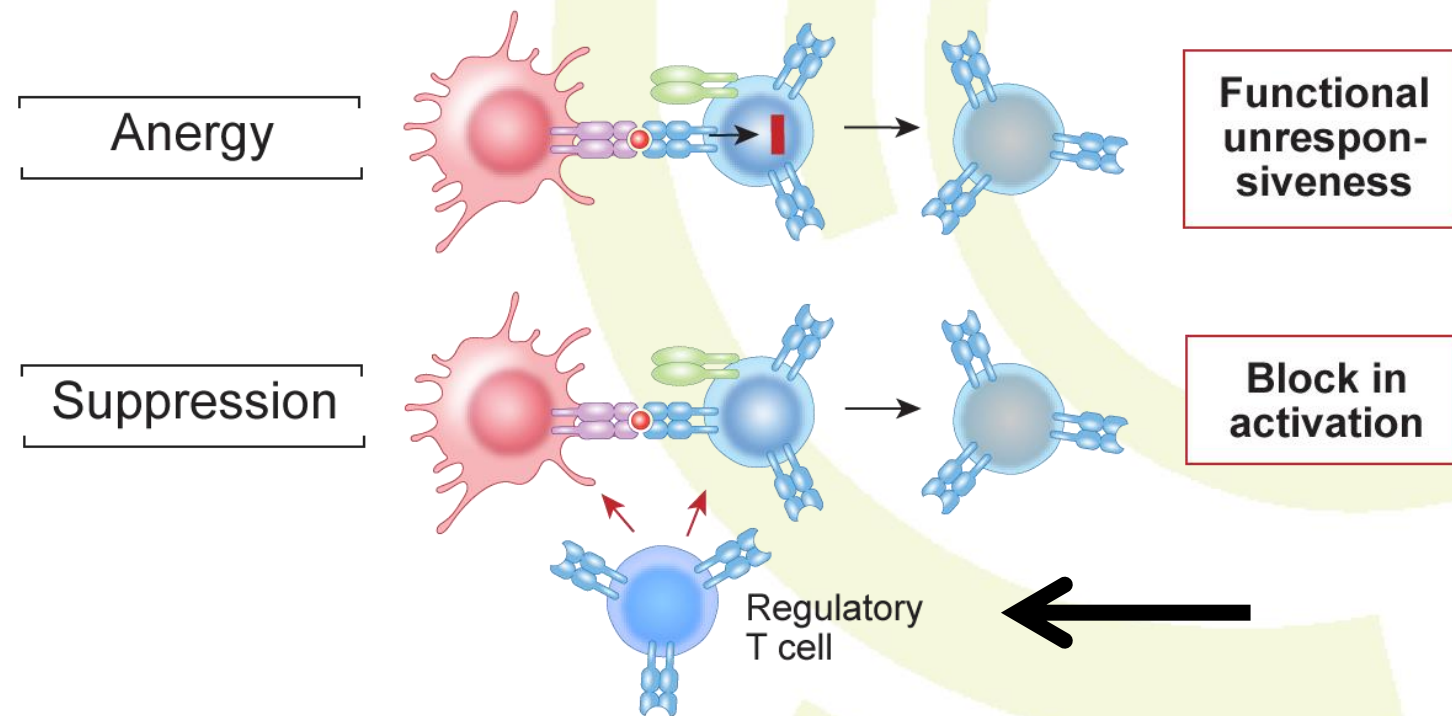


# Peripheral tolerance occurs in the absence of CD28 dependent co-stimulation

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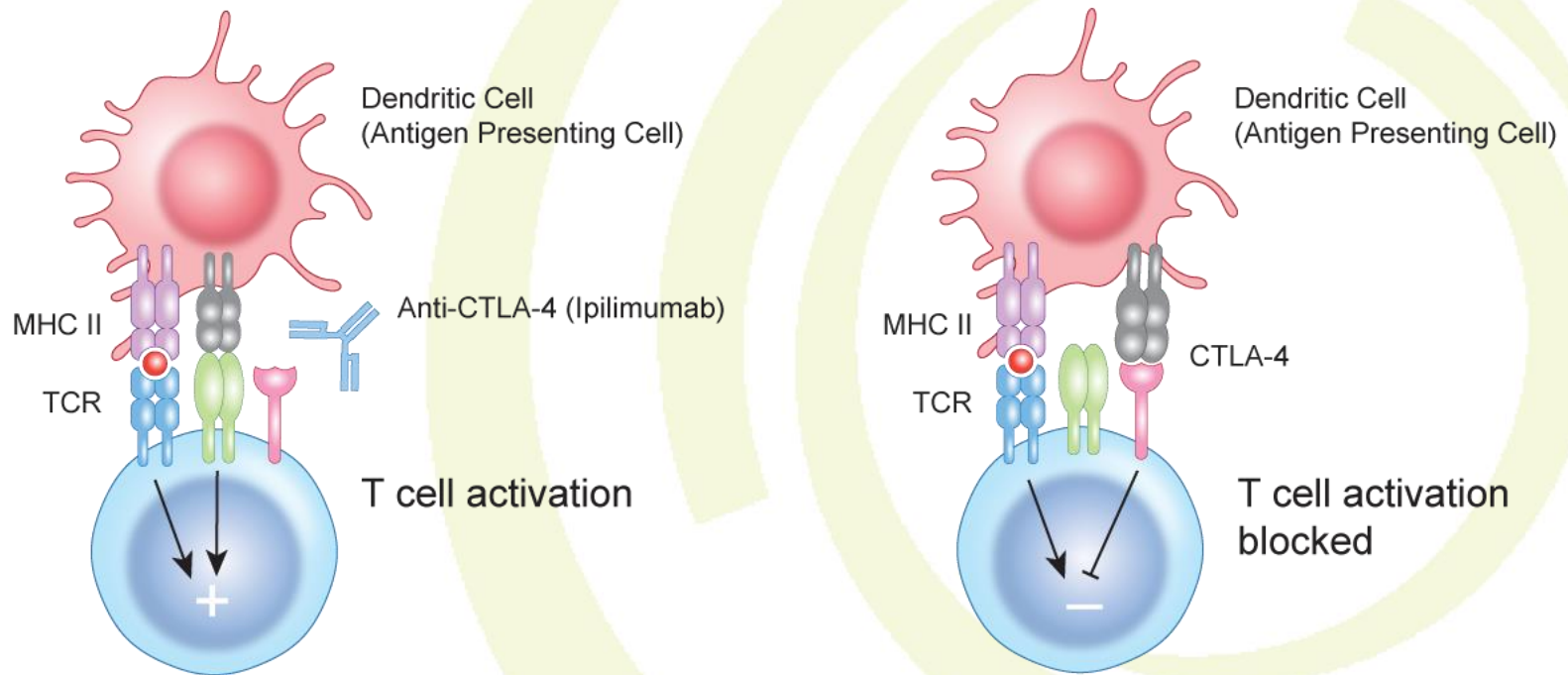


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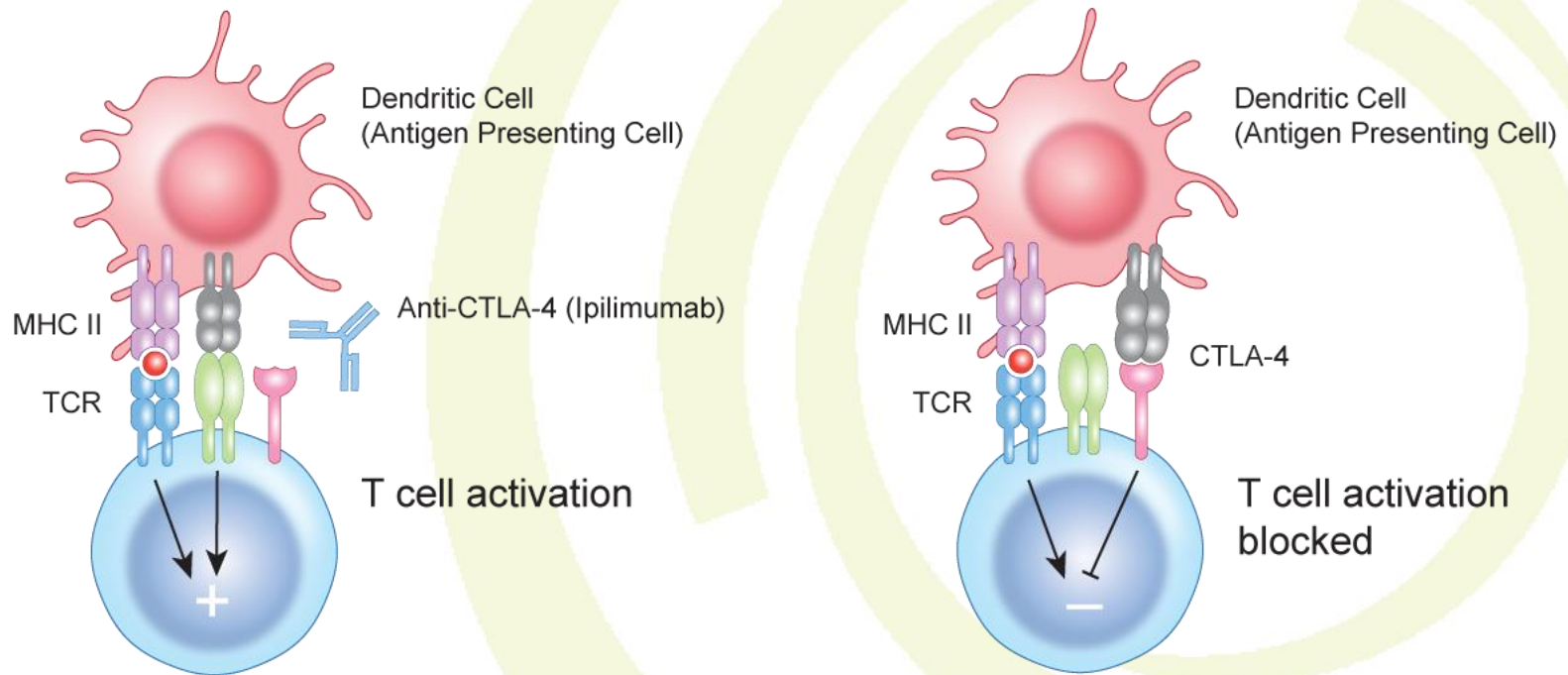


Peripheral tolerance is dependent on CTLA-4 and PD-1

# CTLA-4 inhibits co-stimulation by blocking interaction between CD28 and B7 molecules

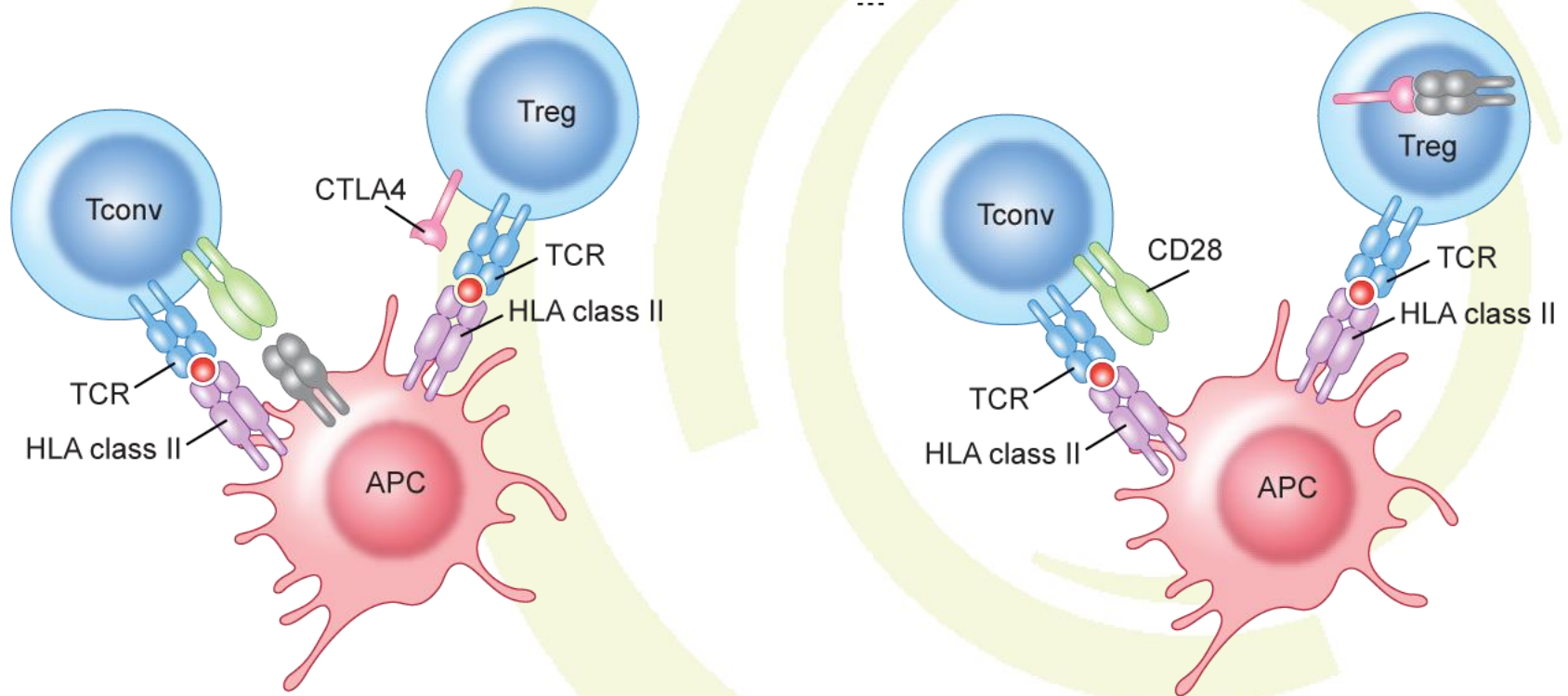


# Anti-CTLA-4 can lead to breakdown of peripheral tolerance by restoring co-stimulation



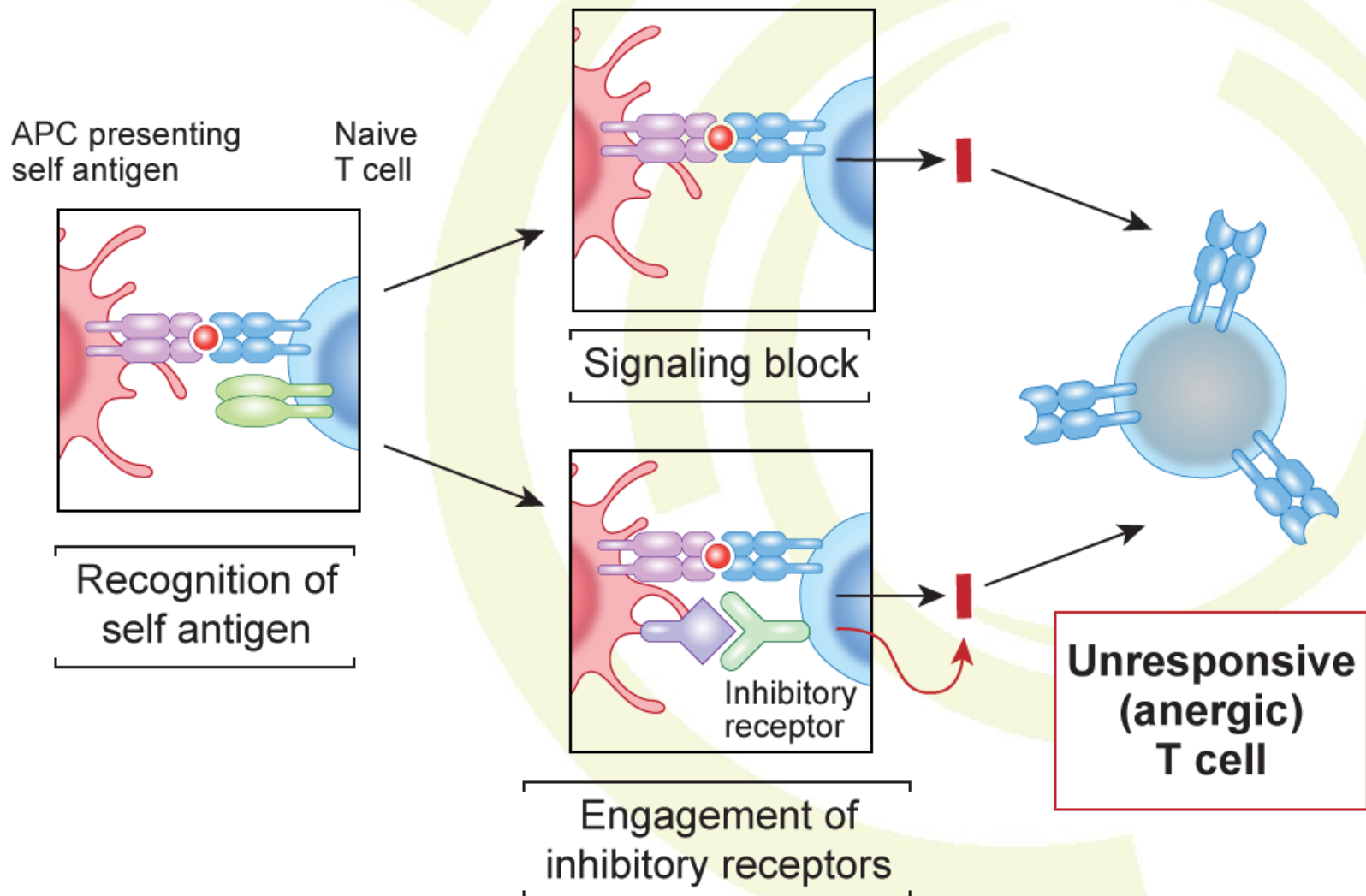
Breakdown of peripheral tolerance leading to activation of self-reactive T cells

Regulatory T cells (Tregs) use CTLA-4 to remove B7 molecules from surface of antigen presenting cells to prevent activation of self reactive T cells



Anti-CTLA-4 (ipilimumab) may interfere with inhibitory function of Tregs

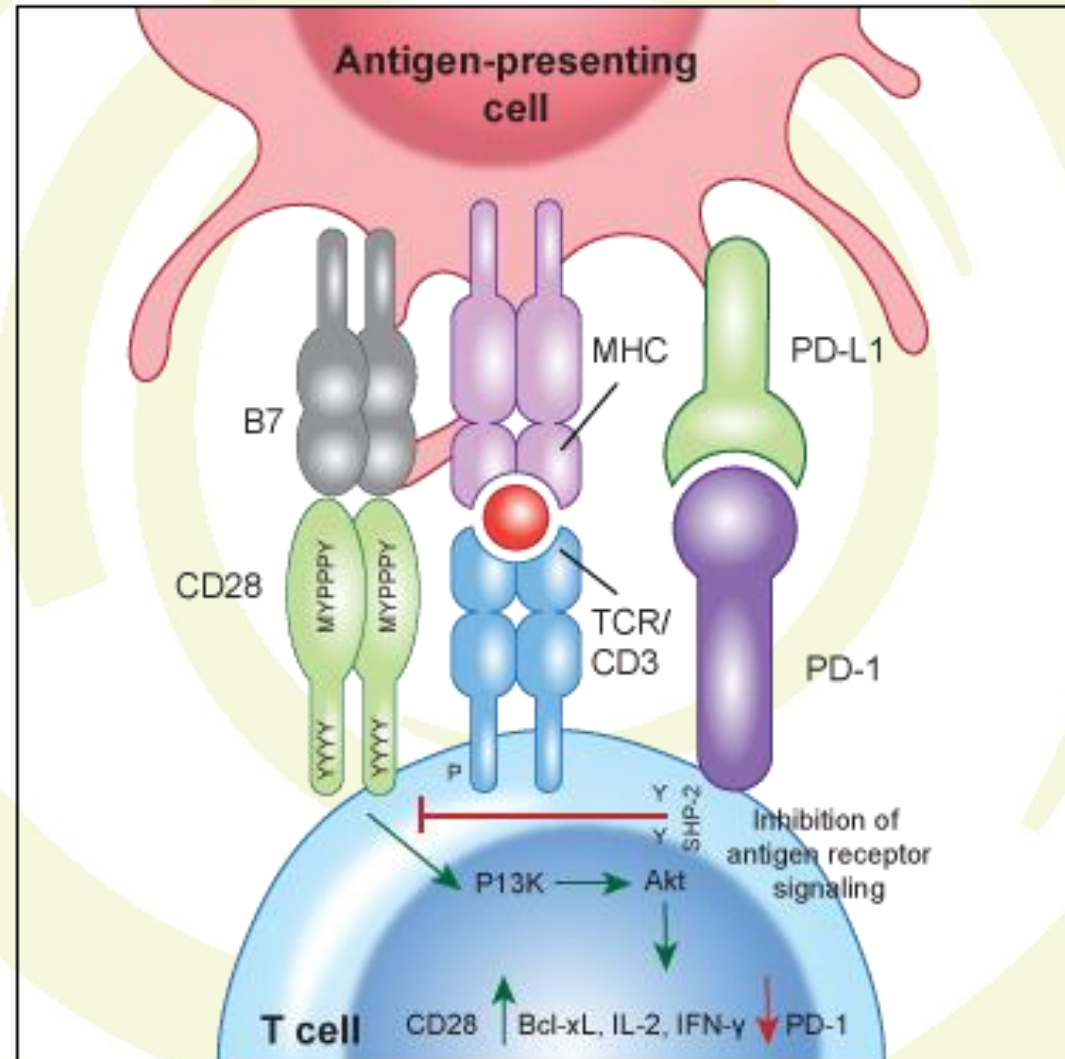
# Inhibitory receptors provide a second mechanism for maintenance of tolerance





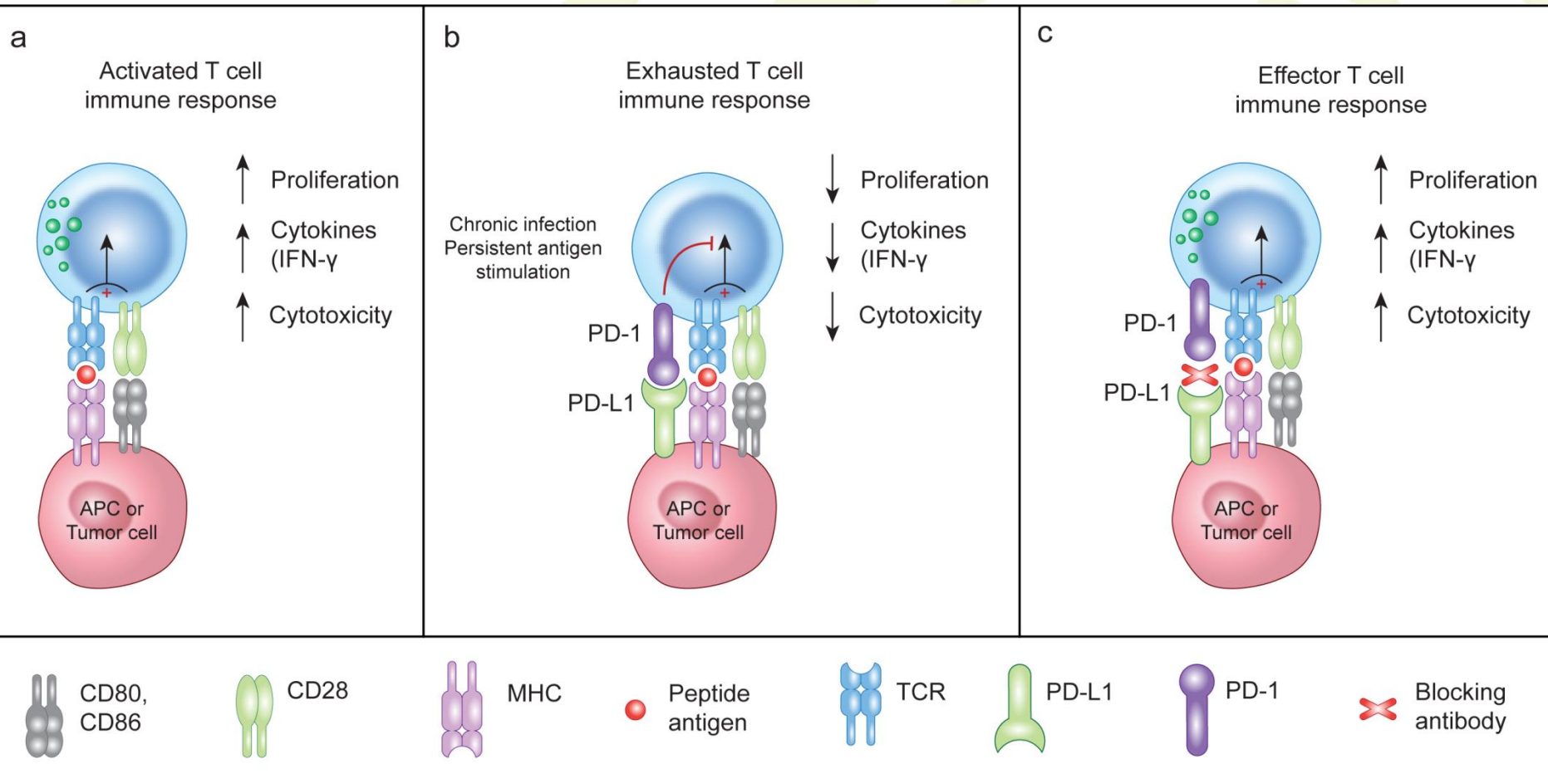
# Interaction of PD-1 with its ligands, PD-L1/PD-L2 inhibits CD28 signaling in T cells

- PD-1 is upregulated on T cells after activation
- PD-L1 is found on both immune and non-immune cells in peripheral tissues
- PD-L2 is mostly found on immune cells in response to inflammatory stimuli
- In contrast, CTLA-4 and its ligands are only found on immune cells
- Mice deficient in PD-1 have delayed development of autoimmune disease compared to CTLA-4 deficient ones



# Blocking PD-1/PD-L1 Pathway Reactivates T cells

PD-1 is the receptor on T cells – its ligand PD-L1 is on immune cells or tumor cells

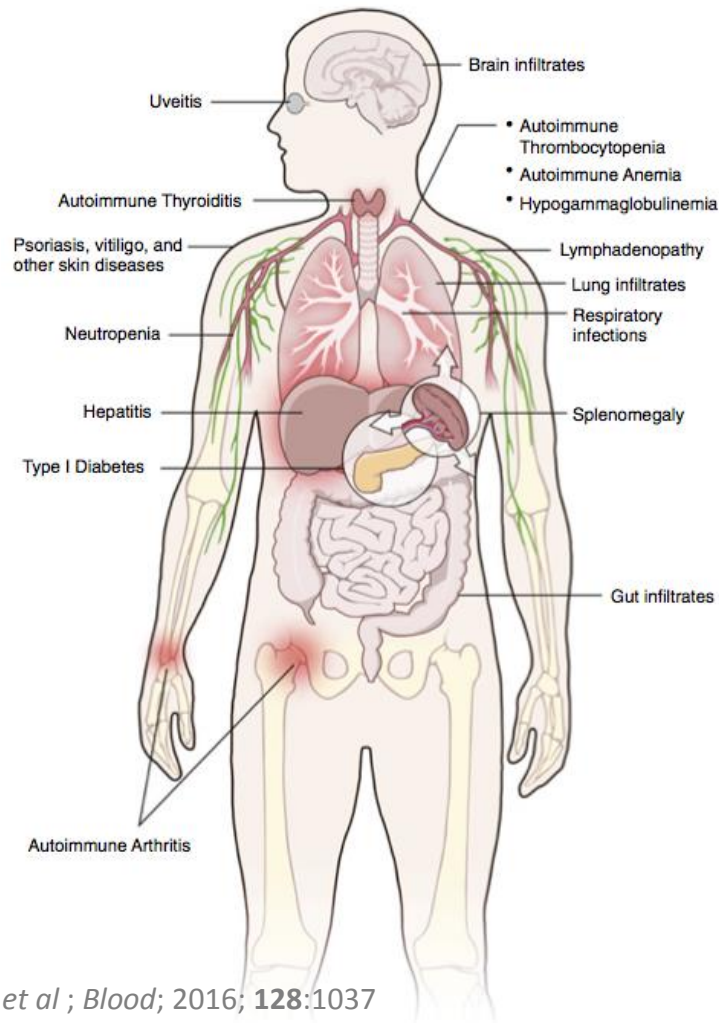


# Polymorphisms in CTLA-4 and PD-1 genes have been linked to human autoimmune diseases

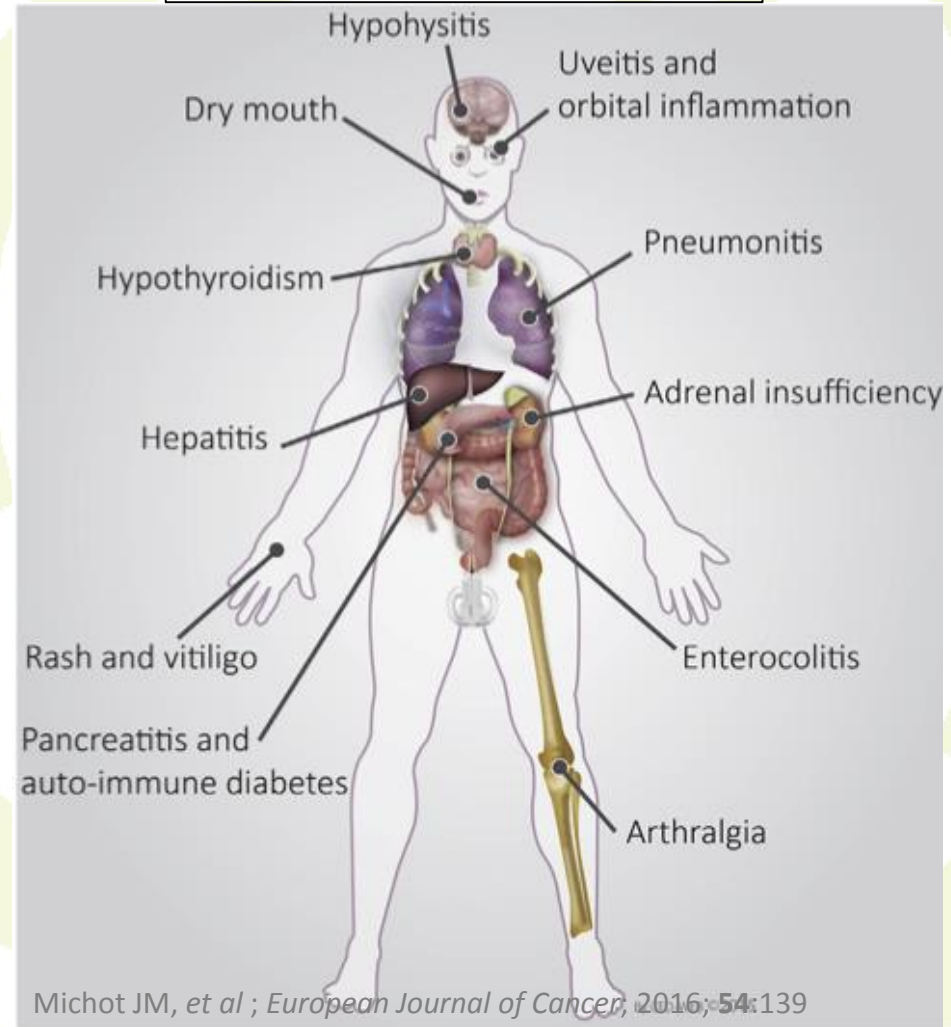
Autoimmune Disease	Polymorphism
Thyroiditis, Graves' disease, Hashimoto's disease	CTLA-4
Diabetes mellitus	CTLA-4
Celiac disease	CTLA-4
Myasthenia gravis	CTLA-4
Lupus	CTLA-4; PD-1
Rheumatoid Arthritis	CTLA-4; PD-1
Addison's disease	CTLA-4

# People with CTLA-4 haploinsufficiency develop a spectrum of autoimmune diseases similar to the irAEs observed with ipilimumab

## CHAI/LATAIE Phenotype



## Ipilimumab irAEs

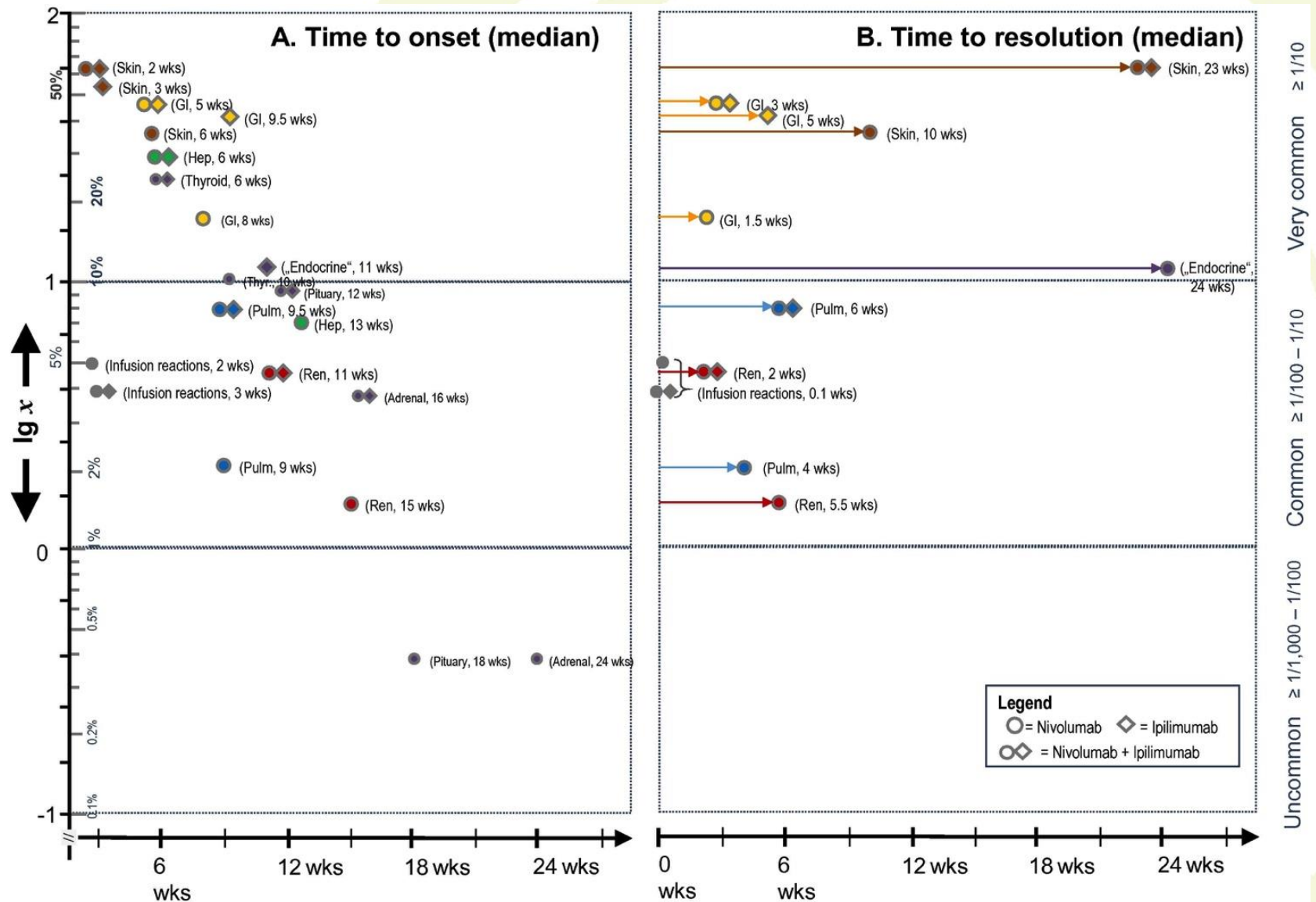


# Incidence of irAEs with PD-1, CTLA-4 and PD-1/CTLA-4 (Melanoma)

Select Treatment-Related AEs, %	Nivo + Ipi (n = 313)		Nivo (n = 313)		Ipi (n = 311)	
	All Grades	Grade 3/4	All Grades	Grade 3/4	All Grades	Grade 3/4
Any select AE	88	40	62	8	74	19
Skin	59	6	42	2	54	3
▪ Pruritus	33	2	19	0	35	< 1
▪ Rash	28	3	22	< 1	21	2
▪ Maculopapular rash	12	2	4	< 1	12	< 1
Gastrointestinal	46	15	20	2	37	12
▪ Diarrhea	44	9	19	2	33	6
▪ Colitis	12	8	1	< 1	12	9
Hepatic	30	19	6	3	7	2
▪ ALT increase	18	8	4	1	4	2
▪ AST increase	15	6	4	1	4	< 1
Endocrine	30	5	14	< 1	11	2
▪ Hypothyroidism	15	< 1	9	0	4	0
Pulmonary	7	1	2	< 1	2	< 1
▪ Pneumonitis	6	1	1	< 1	2	< 1



# Timing of irAEs with PD-1, CTLA-4 and PD-1/CTLA-4 (Melanoma)



# Early and late irAEs may occur by distinct mechanisms

## Early and common

Mucosal  
Colitis  
Rash  
Pneumonitis

Global Regulatory T  
cell dysfunction

Activation of Effector  
T cells (Th<sub>17</sub>)

Recruitment of  
inflammatory cells  
(neutrophils)

## Late and rare

Specific organ  
Hypophysitis  
(other endocrine)  
Myocarditis; Neurologic  
Arthritis; Vitiligo

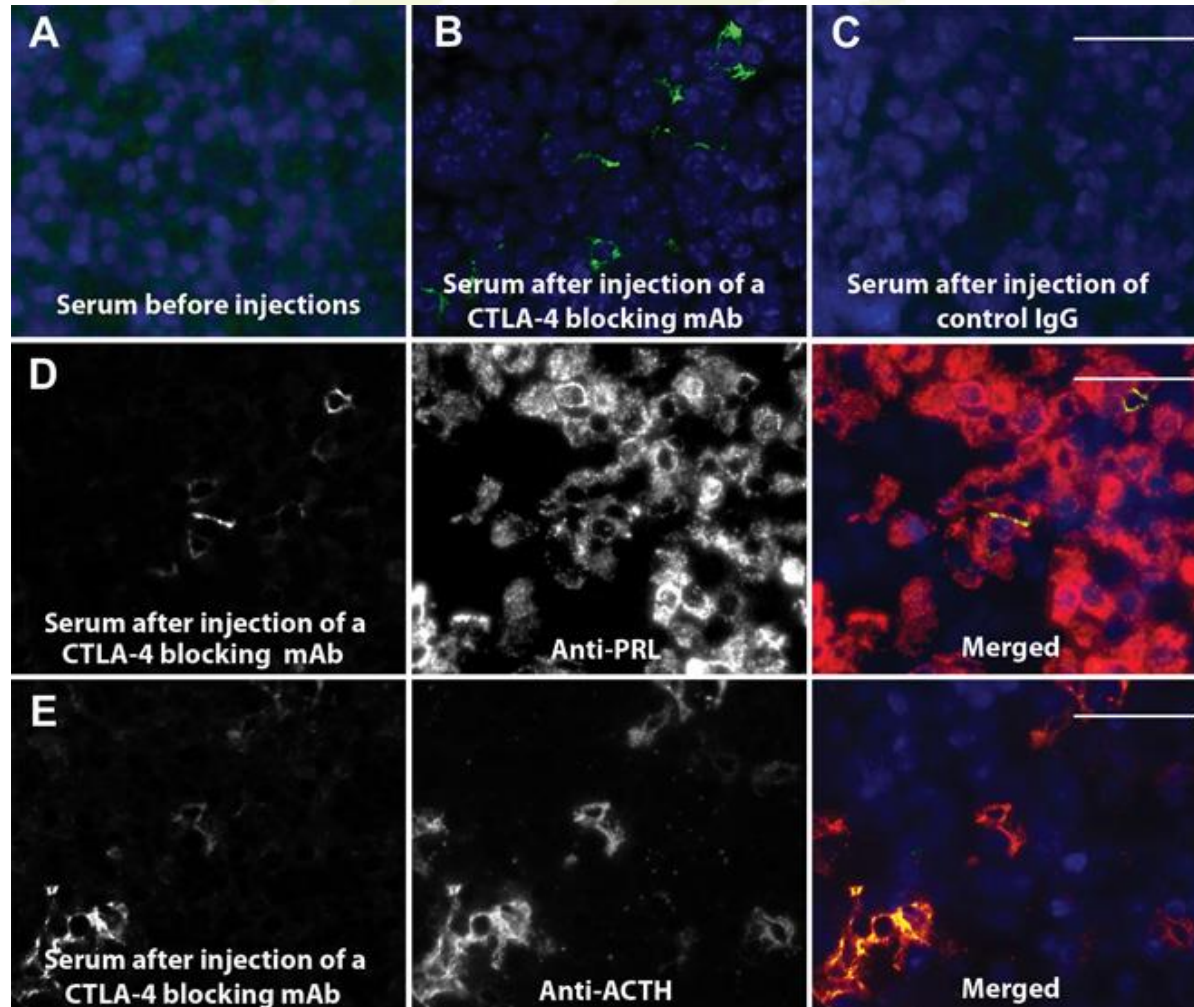
Breakdown of organ  
specific tolerance

Activation of tumor  
specific T cells that  
recognize antigen  
shared between tumor  
and healthy tissue:  
vitiligo, myocarditis

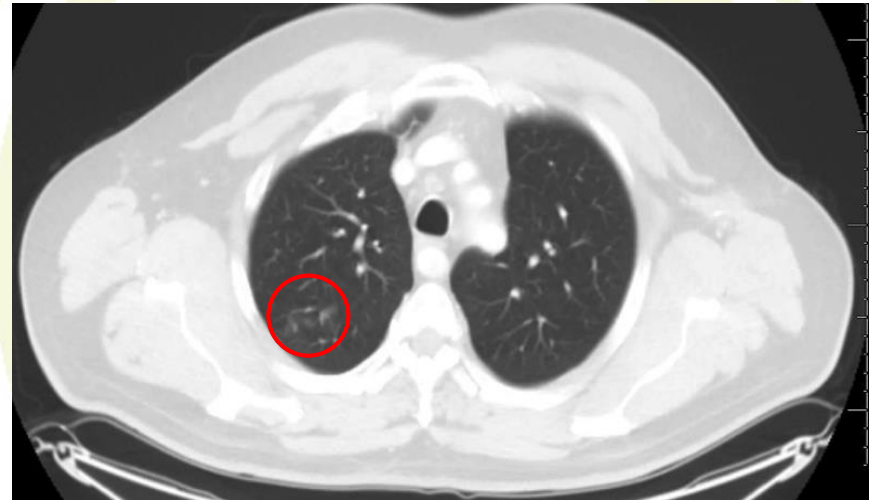
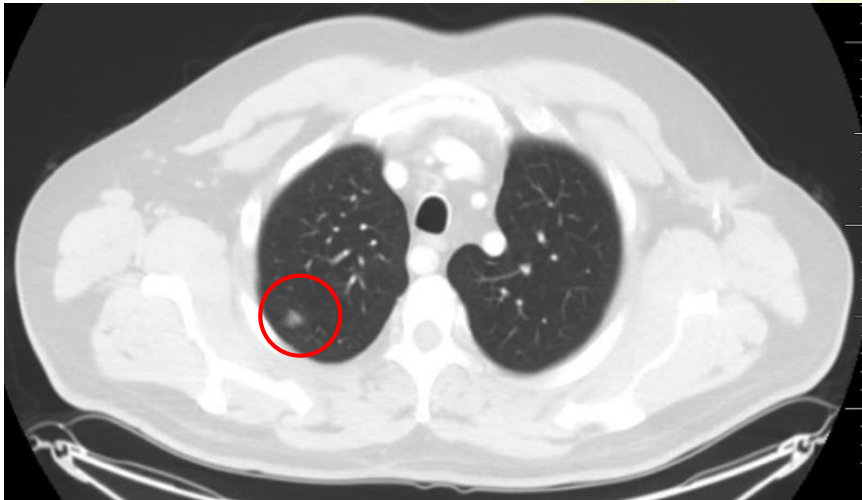
Activation of tissue  
specific anergic T cells  
that recognize antigen  
distinct from the tumor

T cell or antibody mediated  
tissue destruction

# CTLA-4 Expression in Pituitary Gland → Ipilimumab-related Hypophysitis

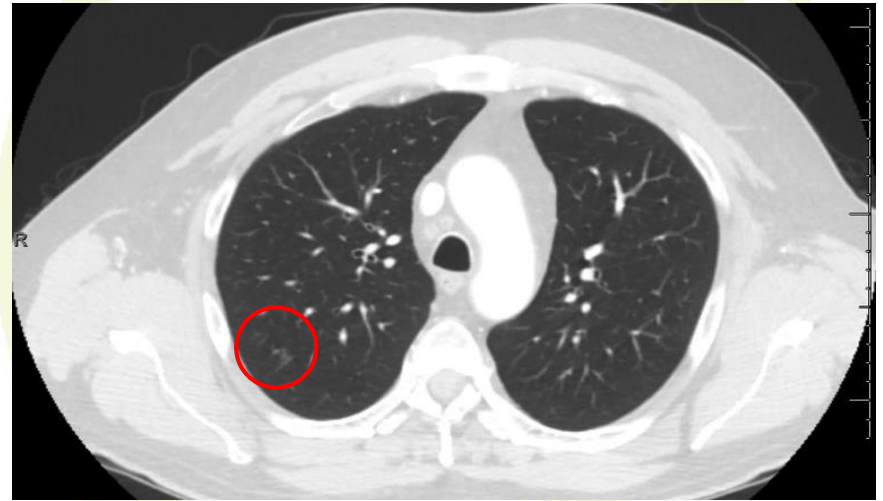
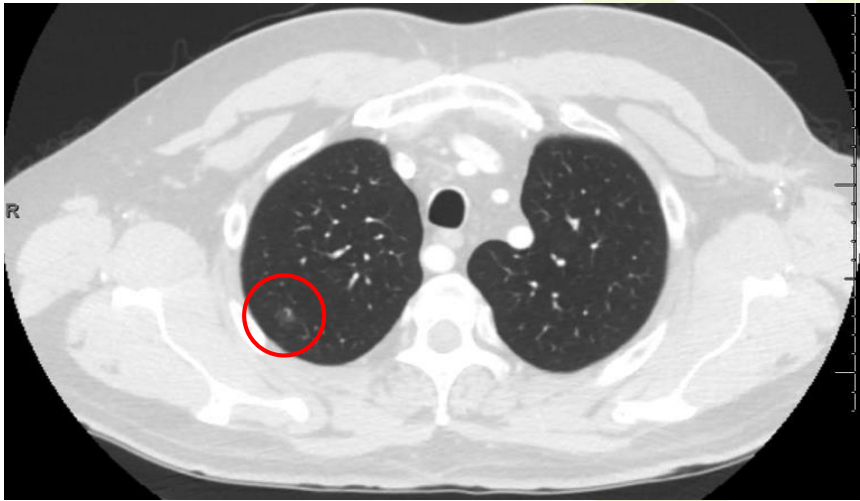


# Metastatic melanoma s/p Nivolumab x26 cycles





Following 2 weeks of steroids ...





# Summary: CTLA-4 and PD-1 are important in maintenance of peripheral immune tolerance

- CTLA-4 expression on effector and regulatory T cells prevents co-stimulation through CD28 and maintains T cell anergy and peripheral tolerance
- Interaction between PD-1 and PD-L1/L2 renders activated T-cells non-functional
  - PD-1 activates regulatory T cells to maintain peripheral tolerance
- Humans with CTLA-4 haploinsufficiency develop a spectrum of autoimmune manifestations similar to irAEs seen after treatment with Ipilimumab

# Summary: Mechanisms of IRAE

- IRAEs can be thought of as “early/common” (mucosal) and “late/rare” (organ-specific) with distinct MOA.
  - Mucosal: effects on Treg function
  - Organ specific: loss of organ-specific tolerance
- IRAEs can be severe
- Early recognition of IRAEs critical to defining optimal management