# Studies of Immune Checkpoint Toxicity: The Achilles Heal of Immunotherapy

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### Disclosures

- Consulting Fees:
  - BMS, Genentech
- Contracted Research:
  - BMS, Corvus, Curis, Genentech
- I will be discussing non-FDA approved indications during my presentation.

### Sites of Immune Checkpoint Inhibitor Toxicity (irAE- AE of special interest)





Postow et.al., N Engl J Med 2018.

June et.al , Nature Med, 2017

### Blocking CTLA-4 and PD-1



### Spectrum of PD-1/PD-L1 Antagonist Activity

### <u>Active</u>

- <u>Melanoma</u>
- Renal cancer (clear cell)
- <u>NSCLC adenocarcinoma and Squamous cell</u>
- Head and neck cancer
- <u>Small cell lung cancer</u>
- Gastric and GE junction
- Mismatch repair deficient tumors (colon, cholangiocarcinoma)
- Urothelial cancer
- Triple negative breast cancer
- Ovarian cancer
- Hepatocellular carcinoma
- Thymic carcinoma
- Mesothelioma
- Cervical cancer
- Hodgkin Lymphoma
- Diffuse large cell lymphoma
- Follicular lymphoma
- T-cell lymphoma (CTCL, PTCL)
- Merkel Cell

### Minimal to no activity:

- Prostate cancer
- MMR+ Colon cancer
- Myeloma
- Pancreatic Cancer
- ER+ breast cancer
- Glioblastoma

### Major PD-1/PD-L1 antagonists (approved)

- Nivolumab (anti-PD-1)
- Pembrolizumab (anti-PD-1)
- Atezolizumab (MPDL3280, anti-PD-L1)
- Durvalumab (anti-PD-L1)
- Avelumab (anti-PD-L1)

Model to Predict patients likely to respond to Immunotherapies i.e., anti-PD-1

### Host Factors

- Microbiome composition of GI tract
- Germline polymorphisms in immune regulatory genes

## **Tumor Factors**

- Tumor Genomics
- Tumor Mutation Burden (Neoantigens)
- Specific Genetic Alterations
  - PTEN loss, Wnt/β- catenin pathway activation, Myc, RAS mutation
- PD-L1 expression (affected by factors above)
- MHC processing componentsalterations

### **The Cancer Immunity Cycle**

![](_page_6_Figure_1.jpeg)

Figure 3 Therapies that Might Affect the Cancer-Immunity Cycle The numerous factors that come into play in the Cancer-Immunity Cycle provide a wide range of potential therapeutic targets. This figure highlights examples of some of the therapies currently ...

![](_page_7_Picture_0.jpeg)

Skin: Dermatitis

 Symptoms: pruritus, rash, dermatitis, erythema, photosensitivity, toxic epidermal necrolysis, urticaria, and vitiligo

![](_page_7_Picture_4.jpeg)

Immune-mediated dermatitis

Histology of dermatitis

![](_page_7_Picture_7.jpeg)

Immune-mediated adverse reactions Endocrine: Adrenal insufficiency, Diabetes, thyroiditis/hypothyroidism, Hyperthyroidism, hypophysitis

- Endocrine toxicities commonly manifest as hypothyroidism and hyperthyroidism
- Symptoms: unusual headaches, extreme tiredness, changes in mood/behavior, and weight changes

![](_page_8_Picture_3.jpeg)

Prior to immune-mediated adverse reaction

With immune-mediated hypophysitis

![](_page_8_Picture_6.jpeg)

![](_page_8_Picture_7.jpeg)

![](_page_9_Picture_0.jpeg)

Digestive: Gastrointestinal events

 Symptoms: diarrhea, abdominal pain, fever, anal pain, rectal bleeding, weight loss, and nausea/vomiting

![](_page_9_Picture_4.jpeg)

Prior to immune-mediated adverse reaction

With immune-mediated colitis

![](_page_9_Picture_7.jpeg)

![](_page_10_Picture_0.jpeg)

respiratory: pneumonitis

- Symptoms: dyspnea, cough, fever, and chest pain
- CT imaging can show a spectrum of findings

![](_page_10_Picture_5.jpeg)

Prior to immune-mediated adverse reaction

With immune-mediated pneumonitis

![](_page_10_Picture_8.jpeg)

![](_page_11_Picture_0.jpeg)

Liver: Hepatic Events

• Symptoms: jaundice, fatigue, arthralgia, fever, and increased serum aminotransferase levels

![](_page_11_Picture_4.jpeg)

Histology of hepatitis

![](_page_11_Picture_6.jpeg)

Image reprinted from J Autoimmun, Vol 46, Floreani A et al, Autoimmune hepatitis: contrasts and comparisons in children and adults – a comprehensive review, pages 7-16, Copyright 2013, with permission from Elsevier. Czaja AJ. Dig Dis Sci. 2013;58(4):897-914.

### Immune checkpoint inhibitors: immune-related adverse event (irAE) onset

- Each irAE has different kinetics of onset
- Rash first, followed by colitis, hypophysitis and finally hepatitis
- Related to aberrant T cell activation against self
- "long tail" of rare side effects (neuro, heme, cardiac, musculoskeletal, etc)

![](_page_12_Figure_5.jpeg)

# Adverse Events from Immune Checkpoint Inhibitors

- Generally do not induce cytokine like effects
- Autoimmunity can affect any organ system
  - But skin, GI, liver, and endocrine organs most common
  - Multiple organ systems can be affected (concurrently or serially)
- Incidence/severity anti-CTLA-4+ anti-PD-1> anti-CTLA-4 > PD-1/PD-L1 antagonists
- Dose-relationship for anti-CTLA-4; not evident for active range of anti-PD-1/PD-L1
- Re-challenge with same agent often (but not always) leads to recurrent toxicity
- High grade AE to one class does not preclude safe administration of the other class
- Vast majority of events (except endocrine) completely reversible over time

# Summary of CTLA-4 Blockade Immune-Mediated Toxicities

### Common (> 20%)

- Rash, pruritus
- Fevers, chills, lethargy

### Diarrhea/colitis

### Occasional (3% to 20%)

- Hepatitis/liver enzyme abnormalities
- Endocrinopathies: hypophysitis, thyroiditis (hypothyroid), adrenal insufficiency

Weber JS, et al. J Clin Oncol. 2012;30:2691-2697 Weber JS, et al. J Clin Oncol. 2015.

### Rare (< 2%)

- Episcleritis/uveitis
- Pneumonitis
- Pancreatitis
- Nephritis
- Neuropathies, Guillain-Barré, myasthenia gravis
- Limbic Encephalitis
- Lymphadenopathy (sarcoid)
- Myocarditis
- Thrombocytopenia
- Toxic epidermal necrolysis, Stevens-Johnson syndrome

# Summary of PD-1/PD-L1 Blockade Immune-Mediated Toxicities

Toxicity less common than anti-CTLA-4 but can be severe and life threatening

### Occasional (5% to 20%)

- Fatigue, headache, arthralgia, feyers, chills, lethargy
- Rash: maculopapular, pruritus, lichenoid rash, vitiligo
- Endocrinopathies:
  - thyroid (hyperthyroid/hypothyroid),
  - adrenal, hypophysitis
  - Diarrhea/colitis
- Hepatitis, liver/pancreatic enzyme abnormalities
- Infusion reactions

### Rare (< 5%)

- Pneumonitis
  - Grade 3/4 toxicities uncommon
  - Low grade reversible with steroids and discontinuation
- Anemia
- Myocarditis
- Diabetic Ketoacidosis (Type I DM)
- Arthritis

Weber JS, et al. J Clin Oncol. 2012;30:2691-2697. Weber JS, et al. J Clin Oncol. 2015.

# Combination Therapy With Ipilimumab and Nivolumab: Toxicity Summary

- The safety profile of ipilimumab and nivolumab is characterized by immune related adverse events
- Increase frequency of drug related adverse events with nivolumab combined with ipilimumab over either agent as monotherapy, in particular colitis and AST/ALT
- Skin toxicity, uveitis, neurological, renal
- No new toxicities have been identified with the combination treatment
- Toxicities with the combination have been manageable and reversible following intervention with systemic steroids in alignment with established AE management algorithms

## Principles of AE Management

- Onset of adverse effects not predictable for individuals
- Close follow-up of patients, and timely management necessary to minimize morbidity
- Set of basic clinical decisions
  - Autoimmune or other cause?
  - Hold or continue treatment?
  - When to start steroids?
  - Dose? Duration?
  - ► PO or IV?
  - Inpatient versus outpatient?
  - When to start second-line immune suppressive?

### Efficacy in Patients With Advanced Melanoma Who Discontinued Treatment With Nivolumab and Ipilimumab Because of Adverse Events

- Median PFS
  - 10.8 mos for pts who discontinued treatment because of AEs
  - 9.4 mos for pts who did not discontinue because of AEs (P = .97).
- At 18 mos f/u median OS had not been reached in either group (P = .23).
- The ORR:
  - 58% for pts who discontinued due to AEs during the induction phase
  - 50% for pts who did not discontinue because of AEs.

# Characteristics of Colitis with anti-PD-1+/- anti-CTLA-4

	Treatment Regimens	Single Agent anti- PD-1	Combination anti- PD-1+ anti-CTLA-4	Total Patients
	Number of Melanoma Pts	937	324	1261
/	Number of patients with clinically significant Colitis	31 (3.3%)	83 (25.6%)	114 (9.0%)
	Median Time of Onset of Colitis	7 weeks	23 weeks	
	Need for second line Immunosuppression (infliximab)	29%	42%	
	Objective Response Rate	78%	57%	

### Colitis in Melanoma Patient Receiving with anti-PD1/PD-L1 alone or in combination with anti-CTLA-4

![](_page_20_Figure_1.jpeg)

Weeks

## Unusual Immune Checkpoint Adverse Events

- Systemic inflammatory syndrome
- Severe arthritis
- <u>Myositis</u>
- Myocarditis
- Pneumonitis
- Bowel perforation
- Meningitis
- Insulin-dependent DM

- Myasthenia Gravis
- Ascending polyneuropathy (Guillan-Barre)
- Limbic Encephalitis
- Thrombocytopenia (ITP)
- Dry eye syndrome
- Lichen planus (more common with anti-PD-1
- Alopecia areata

# Mechanisms of immunecheckpoint inhibitor-induced toxicity

- A major issue limiting treatment with immunotherapy (Achilles heal of immunotherapy)
- Understanding how to intervene to treat and prevent immune related toxicity
- Understanding relationship of anti-tumor responses and autoimmune toxicity (scientifically)
- Insight into primary autoimmune disease (inflammatory bowel disease, endocrinopathy, autoimmune associated dermatitis

### Mechanisms of Checkpoint Inhibitor Organ toxicity

### Organ Effects

- Hypophysitis
- Thyroiditis
- Myocarditis
- Colitis
- Dermatitis
- Insulin Dependent Diabetes

Mechanism

- Expression of CTLA-4 on normal pituitary cells,
- Anti-thyroid antibodies
- Clonal (TCR) T cells in Tumor & Myocardium
- Intestinal microbiome; Tregs, IL-17?
- T cells induce vitiligo (epitope spreading)
- Autoimmune T cell repertoire; stress induces
   PD-L1 expression on inflamed organ

### **Checkpoint Induced Colitis and the Microbiome**

а

d Bacteroidaceae (family) PtC Bacteroides (genus) P=0.007 C-F % r=-0.43 20 Barnesiellaceae (family) P=0.011 Relative abundance Barnesiellaceae unclassifed (genus) 15 15 Rikenellaceae (family) Rikenellaceae unclassifed (genus) 10 Bacteroidetes (phylum) Bacteroidia (class) Bacteroidales (order) 0.6 -0.6 -0.4-0.2 0.0 0.2 0.4 PtC C-F 0 Spearman's correlation (p) Colitis score е b P=0.013 P=0.023 Relative abundance (%) Relative abundance (%) r=-0.42 2.0 20 2.0 P=0.014 15 1.5 1.5 10 1.0 1.0 5 0.5 0.5 PtC C-F PtC C-F 0 3 Colitis score С P=0.016 P=0.013 r=-0.43 % 0.5 P=0.012 No. of OTUs bacteriodetes phylum 30 0.5 abundance 25 0.4 0.4 20 0.3 0.3 15 0.2 0.2 10 Relative 0.1 0.1 0 0.0 PtC PtC C-F C-F 0

Colitis score

Prospective study of pts with metastatic melanoma undergoing ipilimumab treatment. Correlate the pre-inflammation fecal microbiota and microbiome composition with subsequent colitis development. Increased representation of bacteria belonging to the Bacteroidetes phylum is correlated with resistance to the development of checkpoint-blockade-induced colitis.

Identification of biomarkers may enable interventions to reduce the risk of inflammatory complications with cancer immunotherapy

### Role of the Microbiome in Checkpoint Toxicity and Efficacy

### Toxicity- Colitis due to anti-CTLA-4

- Increased fecal abundance of the Bacteroidetes phylum families (Bacteroidaceae, Rikenellaceae and Barnesiellaceae)- associated with decreased anti-CTLA-4 colitis
- Microbial genetic pathways involved in polyamine transport and B vitamin biosynthesis associated with resistance to anti-CTLA-4 colitis

### Clinical Efficacy – anti-PD1

- high relative abundance of bacteria of the Faecalibacterium genus and diversity-associated with benefit
- Increased relative abundance of Akkermansia muciniphila in patients associated with benefit. (antibiotics associated with worse outcome
- Increased abundance of eight microbial species, including Bifidobacterium longum associated with benefit
- Demonstrate of efficacy of fecal microbiome transplantation in animal models

### **Type I Diabetes Mellitus and anti-PD-1 Therapy**

Table 1—Clinical history and key laboratory findings											
Patient	Age/sex	Primary diagnosis	Pertinent history	Anti-PD-1 drug	Other chemotoxins	Diabetes presentation	Random C-peptide* and glucose	Time after anti-PD-1	Antibody positivity/titers ^	HLA	Diabetes antigen-specific T cells†
1	55/F	Melanoma	Autoimmune thyroid disease	Nivolumab	Ipilimumab, prednisone	DKA, glucose 532 mg/dL, HbA <sub>1c</sub> 6.9% (52 mmol/mol)	<0.1 ng/mL and 52 mg/dL	5 months	None	A2.1 <sup>+</sup> , DR4 <sup>+</sup>	0.35%
2	83/F	Non-small-œll lung cancer	Remote smoker	Nivolumab	None	DKA, glucose 350 mg/dL, HbA <sub>1c</sub> 7.7% (61 mmol/mol)	<0.1 ng/mL and 336 mg/dL	<1 month	GAD65/1.2	A2.1 <sup>+</sup> , DR4 <sup>+</sup>	0.28%
3	63/M	Renal cell carcinoma	Hypertension	Nivolumab	Proleukin, bevacizumab, interferon	Random glucose 247, 340 mg/dL; HbA <sub>1c</sub> 8.2% (66 mmol/mol)	1.3 ng/mL and 79 mg/dL	4 months	GAD65/1.1, ICA512/1.2, Insulin (IAA)/47	A2.1 <sup>+</sup> , DR4 <sup>+</sup>	2.01%
4	58/M	Small-cell lung cancer	Type 2 diabetes	Nivolumab	Carboplatin/ etoposide, paclitaxel	DKA, glucose 749 mg/dL, HbA <sub>1c</sub> 9.7% (83 mmol/mol) (from 8.5% [69 mmol/mol] prior)	<0.1 ng/mL and 284 mg/dL 0.6 ng/mL and 523 mg/dL	1 week	GAD65/13819	A2.1 <sup>+</sup>	0.89%
5	64/F	Melanoma	Autoimmune thyroid disease, psoriasis	Pembrolizumab	None	Ketonuria, glucose 703 mg/dL, HbA <sub>1c</sub> 7.4% (57 mmol/mol)	0.5 ng/mL and 268 mg/dL	<1 month	None	DR4 <sup>+</sup>	N/A

\*C-peptide reference range: 1.1–4.4 ng/mL. †Patients 1, 2, 3, and 4 were positive for HLA-A2.1 from screening by flow cytometry using monoclonal antibody BB7.1 (Abcam, Cambridge, MA). HLA-A2.1 tetramers were obtained from the National Institutes of Health Tetramer Core Facility (Atlanta, GA) and loaded with peptides from five diabetes antigens: insulin A chain (GIVEQCCTSI), insulin B chain (HLVEALYLV), preproinsulin (ALWMRLLPL), GAD65 (VMNILLQYVV), and IGRP (LNIDLLWSV) (5). Peripheral blood mononuclear cells (PBMCs) were incubated with the five class I diabetes antigen-containing tetramers. The data shown represent positive staining after subtracting staining with a negative tetramer. PBMCs from HLA-A2.1<sup>+</sup> donors without diabetes served as negative control and showed staining (mean ± 2 SD) of 0.5%. PBMCs were also stained with monoclonal antibodies to CD45RO, CCR7, and CD45RA to identify cellular phenotypes. Flow data were analyzed using FlowJo software version 9.6.1 (Tree Star, Ashland, OR). ^ Diabetic autoantibodies to GAD65, ICA512, and insulin were performed at LabCorp, Burlington, NC. Normal GAD65 titers <0.5 U/mL, ICA512 <1.0 U/mL, and IAA <5.0 U/mL.

- Four of 5 Pts. developed acute DKA and low/undetectable C-peptide levels.
- Pts exhibited both cellular and humoral diabetes-associated autoimmunity, generally rare finding in this age group (>55 yrs).

# A case report of clonal EBV-like memory CD4+ T cell activation in fatal checkpoint inhibitor-induced encephalitis

![](_page_27_Figure_1.jpeg)

TCR sequencing identification of oligoclonal CD4+ cytotoxic T cells in inflamed encephalitic tissue.

![](_page_28_Figure_1.jpeg)

![](_page_29_Picture_0.jpeg)

Heart: MYOCarditis

- Myocarditis can present as a broad spectrum of symptoms, from asymptomatic to signs of myocardial infarction to cardiogenic shock
- Symptoms: chest pain, cardiac arrhythmias, and acute or chronic heart failure

![](_page_29_Picture_5.jpeg)

Magnetic resonance images of myocarditis

![](_page_29_Picture_7.jpeg)

![](_page_29_Picture_8.jpeg)

![](_page_29_Picture_9.jpeg)

Images reprinted from J Am Coll Cardiol, Vol 59(9), Kindermann I et al, Update on myocarditis, pages 779-792, Copyright 2012, with permission from Elsevier. Kindermann I et al. J Am Coll Cardiol. 2012;59(9):770-792.

![](_page_30_Picture_0.jpeg)

![](_page_31_Picture_0.jpeg)

Initial EKG

![](_page_31_Figure_2.jpeg)

![](_page_32_Picture_0.jpeg)

# Subsequent EKG

![](_page_32_Figure_2.jpeg)

## Autopsy, Case 1

![](_page_33_Picture_1.jpeg)

Myocardium, H&E

![](_page_33_Picture_3.jpeg)

Myocardium, CD3

Johnson, et al, in press

## Autopsy, Case 1

![](_page_34_Picture_1.jpeg)

Myocardium, CD8

![](_page_34_Picture_3.jpeg)

Esophagus, H&E

## TCR sequencing

- NGS platform through Adaptive Biotechnologies
- Profile the diversity and clonality of infiltrating T cells CDR3 region of beta chain
- Allow to assess whether shared T cell clones are present
- Begin to study mechanism

![](_page_35_Figure_5.jpeg)

Immune Checkpoint Inhibitor Associated Myocarditis

![](_page_36_Figure_1.jpeg)

## PD-L1 Staining

A. PD-L1 expression, myocardium (200x)

B. PD-L1 expression, myocardium (400x)

![](_page_37_Picture_3.jpeg)

## Incidence of myocarditis and myositis with ipilimumab and nivolumab treatment

### C. Myocarditis and myositis incidence

Characteristic	Patients receiving nivolumab (N = 17,620)	Patients receiving nivolumab + ipilimumab (N = 2974)
Myocarditis* - no. (%)	10 (0.06%)	8 (0.27%)
Fatal events - no. (%)	1 (<0.01%)	5 (0.17%)
Myositis - no. (%)	27 (0.02%)	7 (0.24%)
Fatal events - no. (%)	2 (0.01%)	1 (0.03%)

\*Includes 6 cases of concurrent myocarditis and myositis and/or rhabdomyolysis.

### **Myositis**

- 34 cases listed as severe, 3 non-severe
- 5 patients on statins
- 3 cases fatal

### **Myocarditis**

- 18 cases
- 6 fatal (5 of 8 with ipi + nivo)
- Time to onset 13-64 days
- 12 M, 5F
- 5 with prior cardiac disease

### The World Health Organization (WHO) database of individual safety case reports, to identify 101 cases of severe myocarditis following treatment with ICIs

	Percent (%)		
lale gender	66		
ancer			
/elanoma	40		
ISCLC	30		
lenal	7		
)ther*	23		
legion reporting			
mericas	54		
urope	33		
sia	11		
)ceania	3		
oncomitant medications			
spirin	11		
statin	11		
jeta blocker	7		
(CE/ARB	12		
Diabetes medication	9		
lo CV/Diabetes medications	75		
legimen			
nti-PD-1 monotherapy			
- Nivolumab	43		
- Pembrolizumab	15		
nti-PD-L1 monotherapy <sup>#</sup>	3		
nti-CTLA-4 (Ipilimumab) monotherapy	5		
combination anti-PD-1/PD-L1 + anti-CTLA-4	27		
Combination anti-PD-1/PD-L1 + other agents	8		
iming (median, range)	27 days (5-155		
oncurrent irAEs			
/yositis/rhabdomyolysis	25		
/yasthenia gravis	10		
colitis	4		
evere cutaneous events <sup>†</sup>	4		
)ther <sup>‡</sup>	5		
	46		
atal outcome			
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VigiBase (http://www.vigiaccess.org/)

NSCLC: non-small coll lung concert interview immune related adverse ovente: OV: cordiovaccular

### Approaches to Study Mechanisms of Checkpoint Inhibitor Toxicity

- Assess T cell clonal diversity and clonality in tumor or infectious agents and target organ (heart, colon, brain)- are there shared antigens
- Assess immune gene expression (cytokines, cell type, MHC associated molecules) in target organ
- Assess normal germline genome for overall (non-biased approach GWAS) polymorphisms, or emphasis on MHC polymorphism, or emphasis on immune/inflammatory genes
- Large or focused antibody screens and protein antigen arrays
- Peripheral blood- T cell or immune populations through flow cytometry, CyTOF

What are the predictive biomarkers for the onset of immune-related adverse events associated with checkpoint inhibition, and are they related to markers for efficacy?

Table 2: Data analysis and experimental questions (Aim 1)			
Primary Questions:	Correction factors:	Associated outcomes:	
Are unique HLA haplotypes associated with outcome(s)?	<ul> <li>HLA-haplotype</li> <li>ICI therapy type</li> <li>Tumor type</li> <li>Gender</li> <li>Age</li> <li>Prior autoimmune disease</li> </ul>		
Are common autoimmune disease-associated SNPs associated with outcome(s)?		<ul> <li>Grade 3/4 irAE (any)</li> <li>Grade 3/4 irAE (specific site)</li> <li>Clinical response</li> </ul>	
Are autoimmune disease-associated autoantibodies identified at baseline associated with outcome(s)?			
Are TCR $\beta$ sequences in peripheral blood and/or tissue associated with outcomes?			

Association Between Incidence of Adverse Events and Objective Response Rate in 270 Patients With Melanoma, RCC, or NSCLC Receiving Nivolumab.

![](_page_42_Figure_1.jpeg)

Association Between Incidence of Adverse Events and Overall Survival in 270 Patients With Melanoma, RCC, or NSCLC Receiving Nivolumab.

![](_page_43_Figure_1.jpeg)