



Mechanisms of Immune-Related Adverse Events

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Disclosures

- **Consulting Fees and honoraria**
 - BMS, Merck, Genentech, Merck KGA
- **Research Support**
 - AstraZeneca/Medimmune
- I will not be discussing non-FDA approved indications during my presentation.



Outline

- Basic principles of immunological tolerance and autoimmunity
- Differential roles of CTLA-4 and PD-1 in maintenance of tolerance
- Mechanisms of breakdown of tolerance by checkpoint blockade



Immune-related Adverse events (irAE): The players

Inferences from Autoimmune Disease



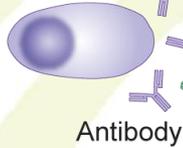
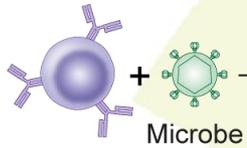
Most Autoimmune Diseases are due to
Failure of T cell Tolerance
(even in those diseases that are antibody-mediated)

Immunologic Tolerance:
unresponsiveness of immune system to self
antigens



Major Effector Cells of the Immune System

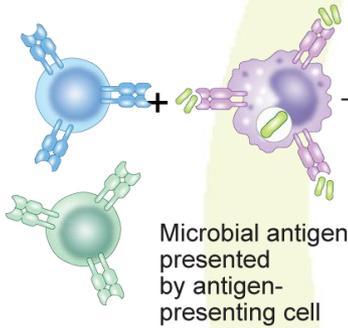
B lymphocyte



Neutralization of microbe, phagocytosis, complement activation

Pemphigus
Myasthenia Gravis
Graves' Disease
AIHA/ITP

Helper T lymphocyte



Cytokines

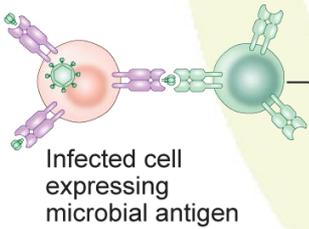
Activation of macrophages

Inflammation

Activation (proliferation and differentiation) of T and B lymphocytes

Rheumatoid arthritis
Inflammatory bowel disease
Multiple Sclerosis
Celiac Disease
Addison's Disease
Psoriasis

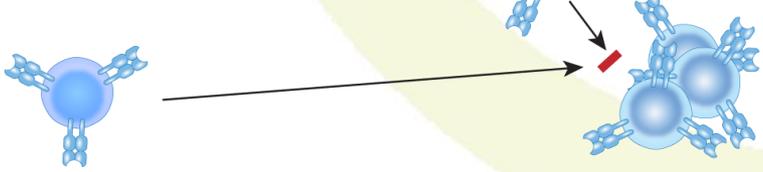
Cytotoxic T lymphocyte (CTL)



Killing of infected cell

Type I Diabetes
Polymyositis

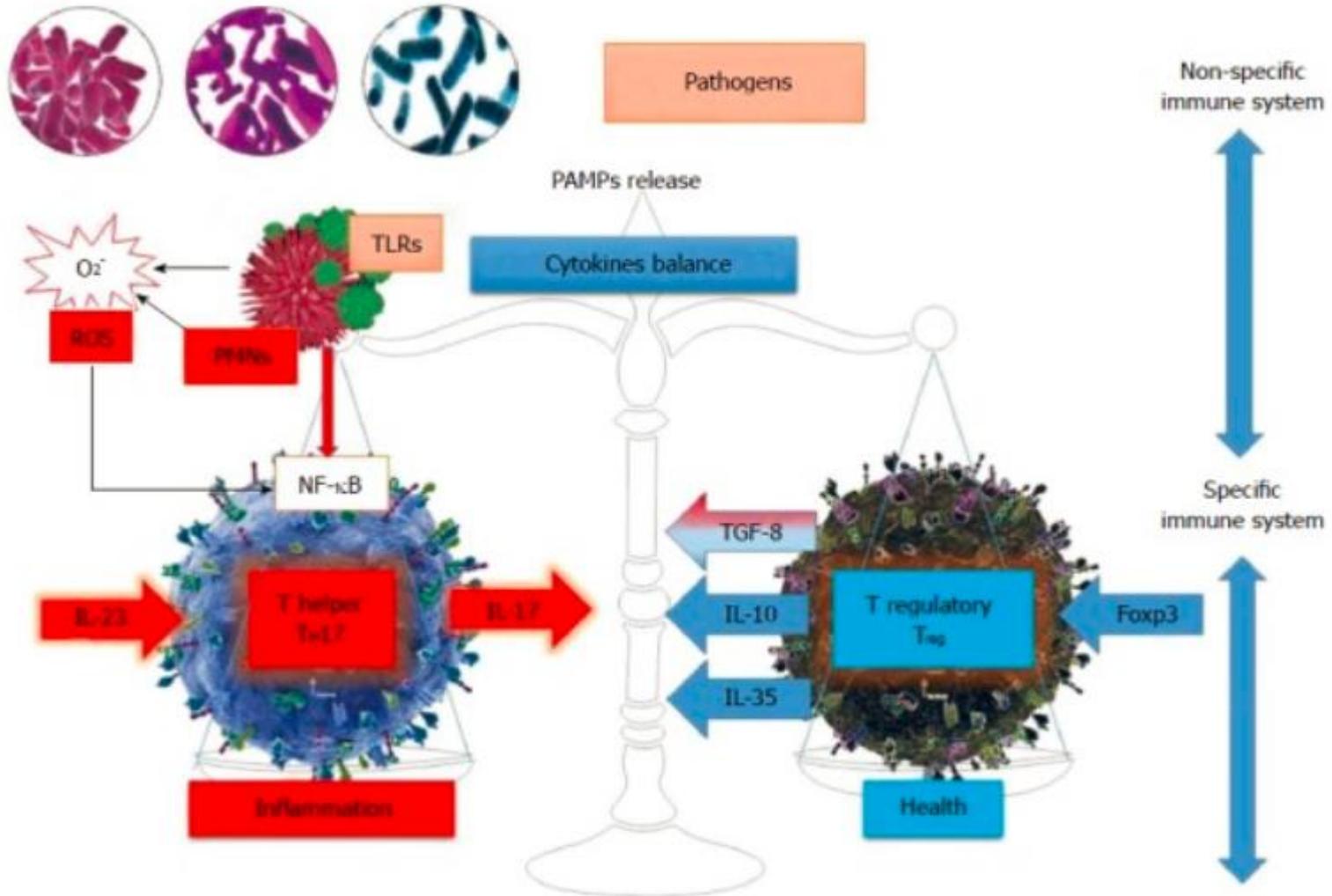
Regulatory T lymphocyte



Suppression of immune response

Loss of function leads to autoimmunity

Immunological Balance in inflammatory bowel dz

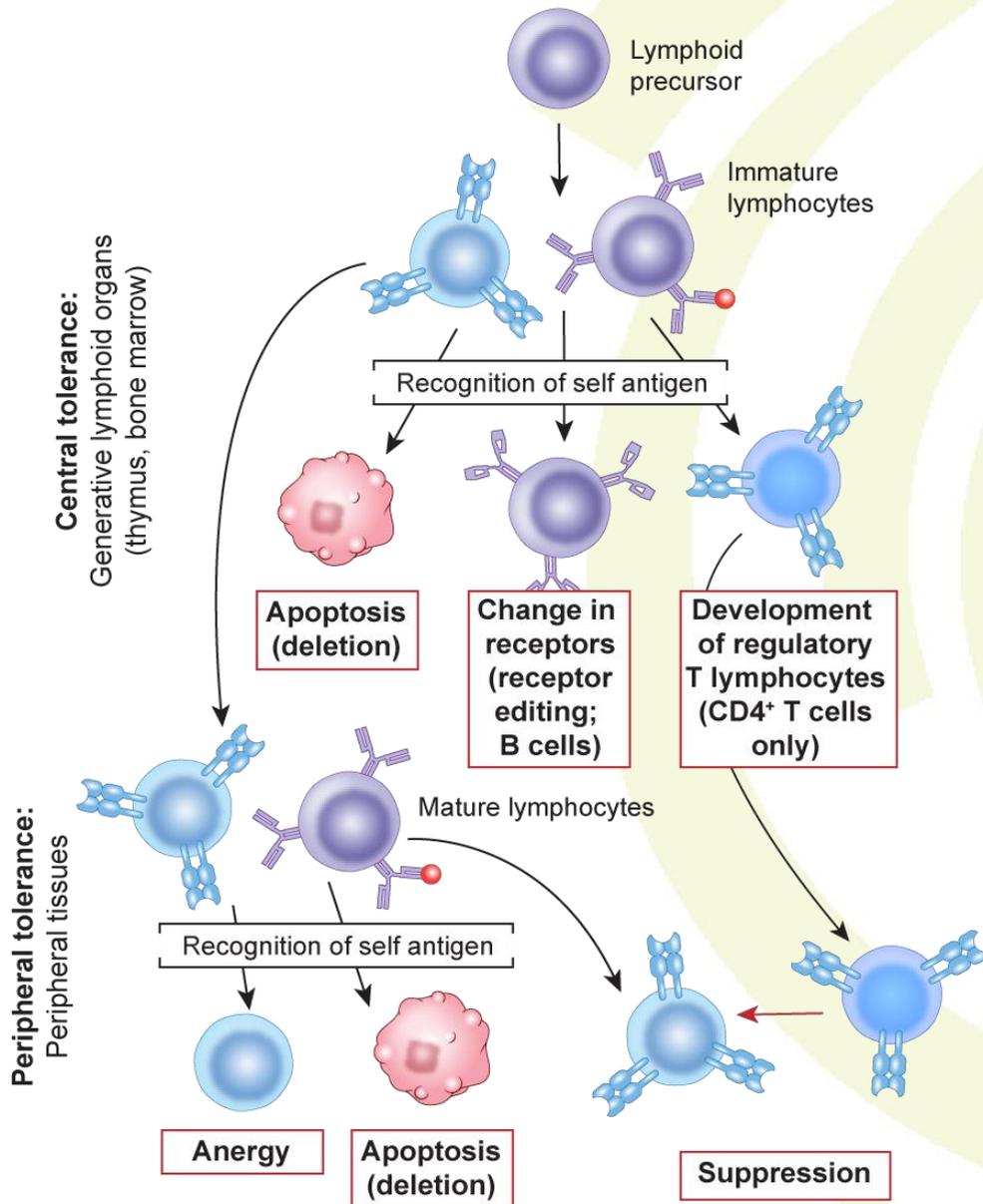


Immune-related Adverse events (irAE):

Inferences from basic biology



Central and Peripheral Tolerance



Central Tolerance

- For T cells it occurs in the thymus
- Fate of high affinity, self-reactive T cells is death (deletion) and removal from T cell pool
- Some survive as regulatory (suppressor) T cells while others escape to peripheral tissues

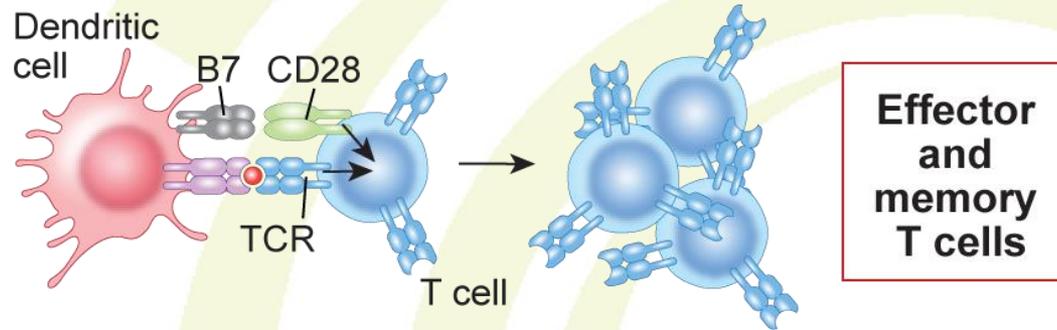
Peripheral Tolerance

- Self-reactive T cells are suppressed by regulatory T cells
- CTLA-4 and PD-1, among other molecules play a role in maintaining self-reactive T cells from becoming activated (anergic)

Peripheral tolerance occurs in the absence of CD28 dependent co-stimulation

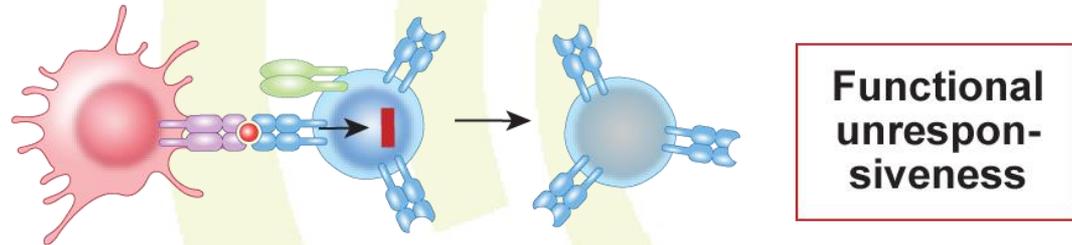
A

Normal T cell response

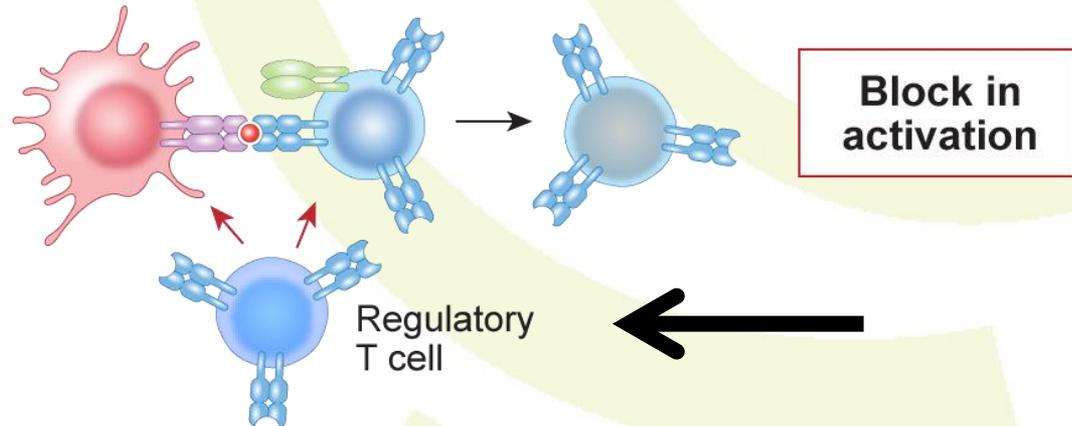


B

Anergy

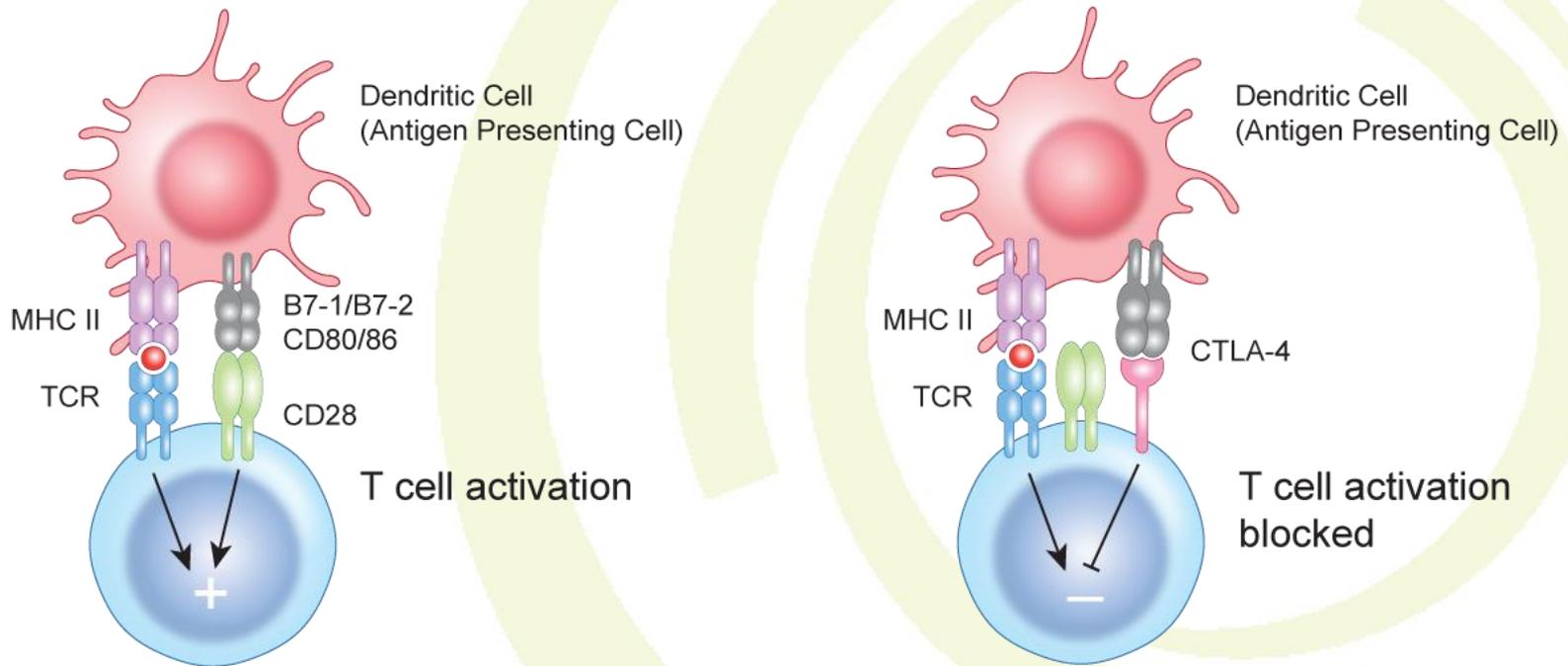


Suppression

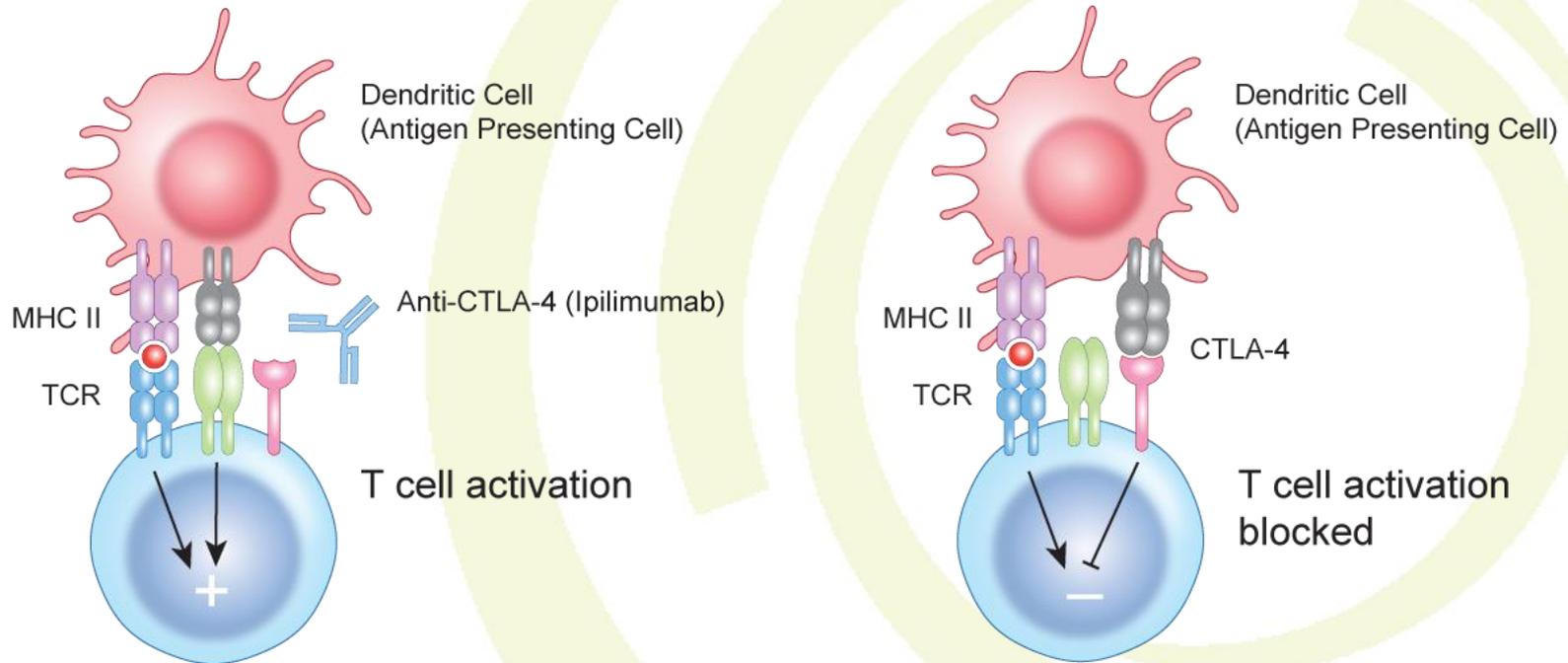


Both mechanisms are dependent on CTLA-4

CTLA-4 inhibits co-stimulation by blocking interaction between CD28 and B7 molecules

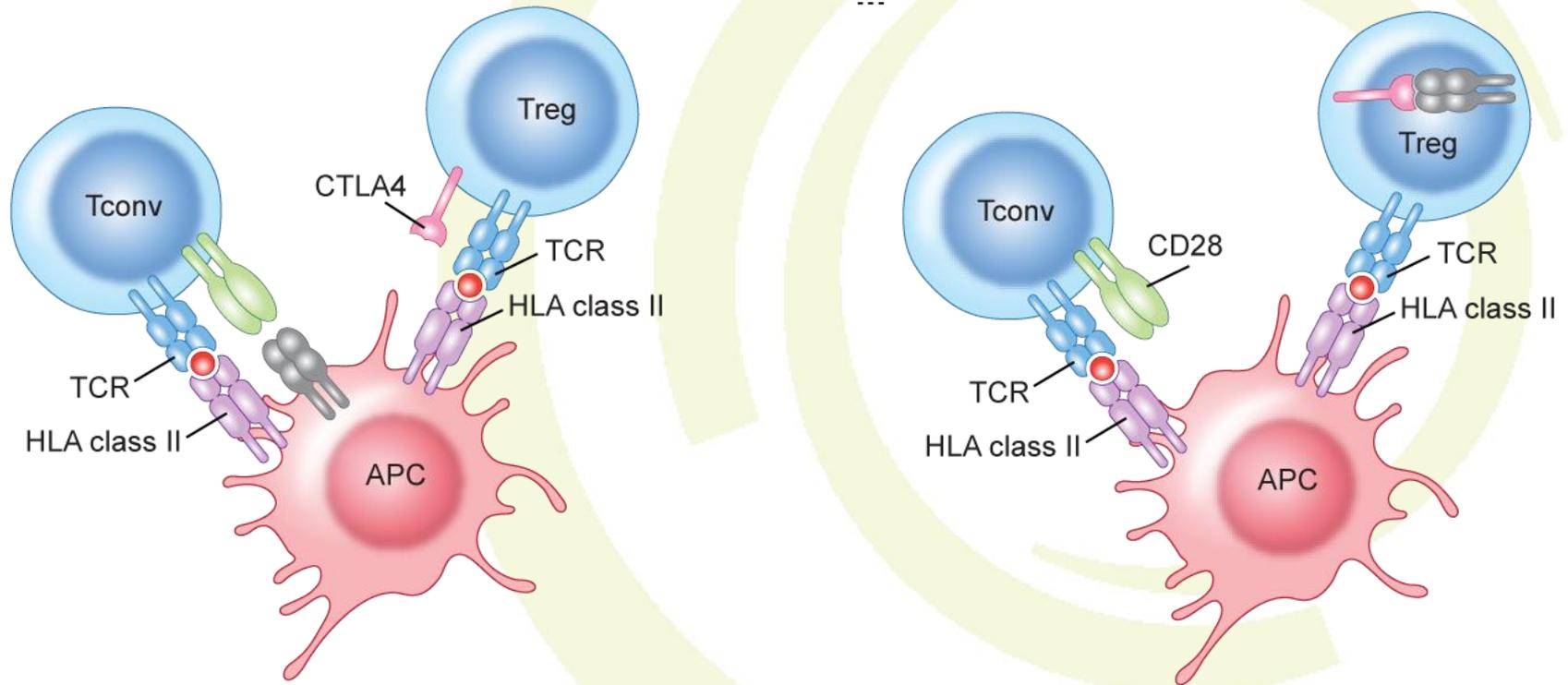


Anti-CTLA-4 can lead to breakdown of peripheral tolerance by restoring co-stimulation



Breakdown of peripheral tolerance leading to activation of self-reactive T cells

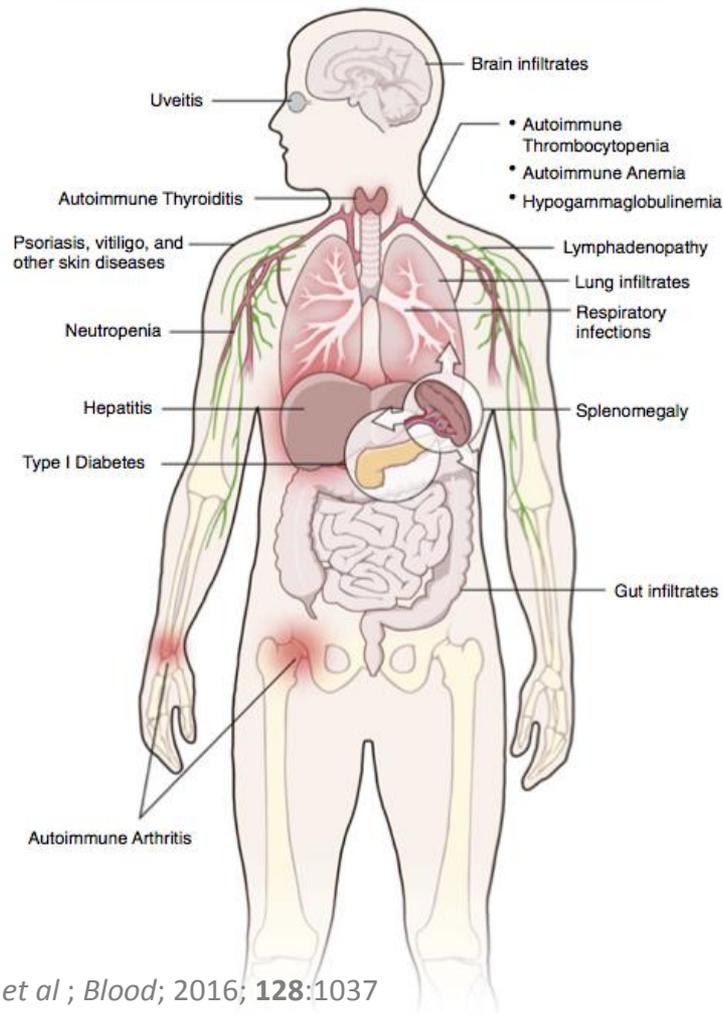
Regulatory T cells (Tregs) use CTLA-4 to remove B7 molecules from surface of antigen presenting cells to prevent activation of self reactive T cells



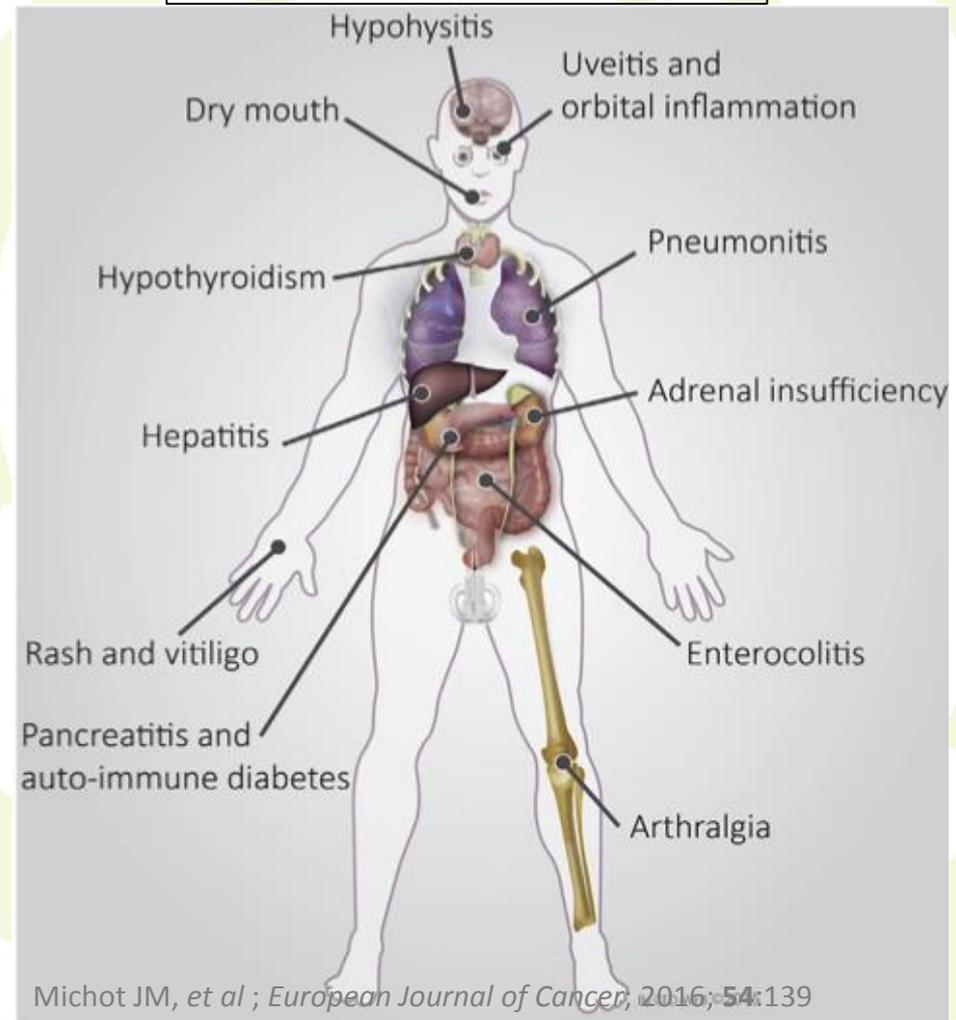
Anti-CTLA-4 (ipilimumab) may interfere with inhibitory function of Tregs

People with CTLA-4 haploinsufficiency develop a spectrum of autoimmune diseases similar to the irAEs observed with ipilimumab

CHAI/LATAIE Phenotype



Ipilimumab irAEs

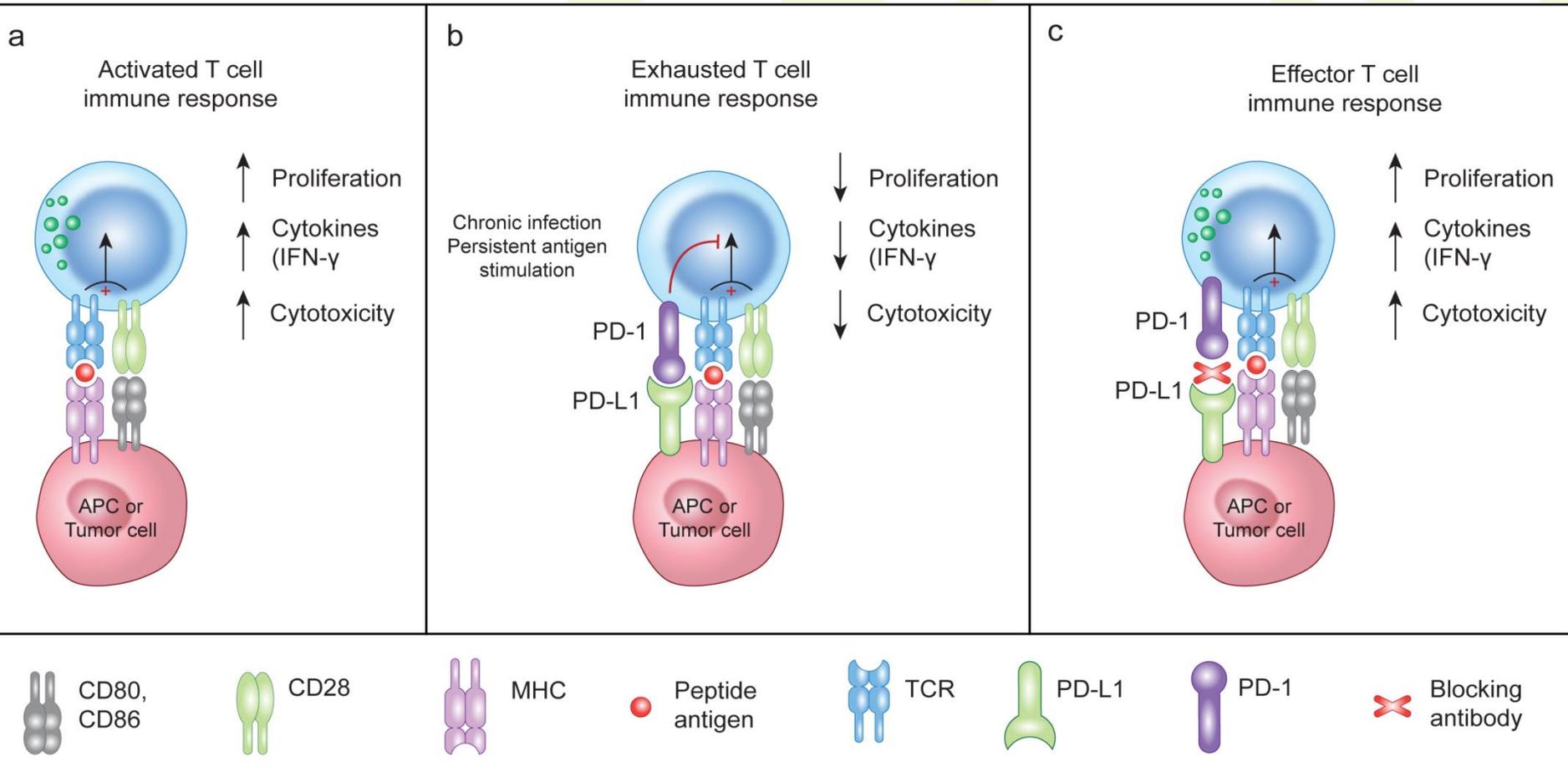


Polymorphisms in CTLA-4 gene has been linked to human autoimmune diseases

Autoimmune Disease	Polymorphism
Thyroiditis, Graves' disease, Hashimoto's disease	CTLA-4
Diabetes mellitus	CTLA-4
Celiac disease	CTLA-4
Myasthenia gravis	CTLA-4
Lupus	CTLA-4
Rheumatoid Arthritis	CTLA-4
Addison's disease	CTLA-4

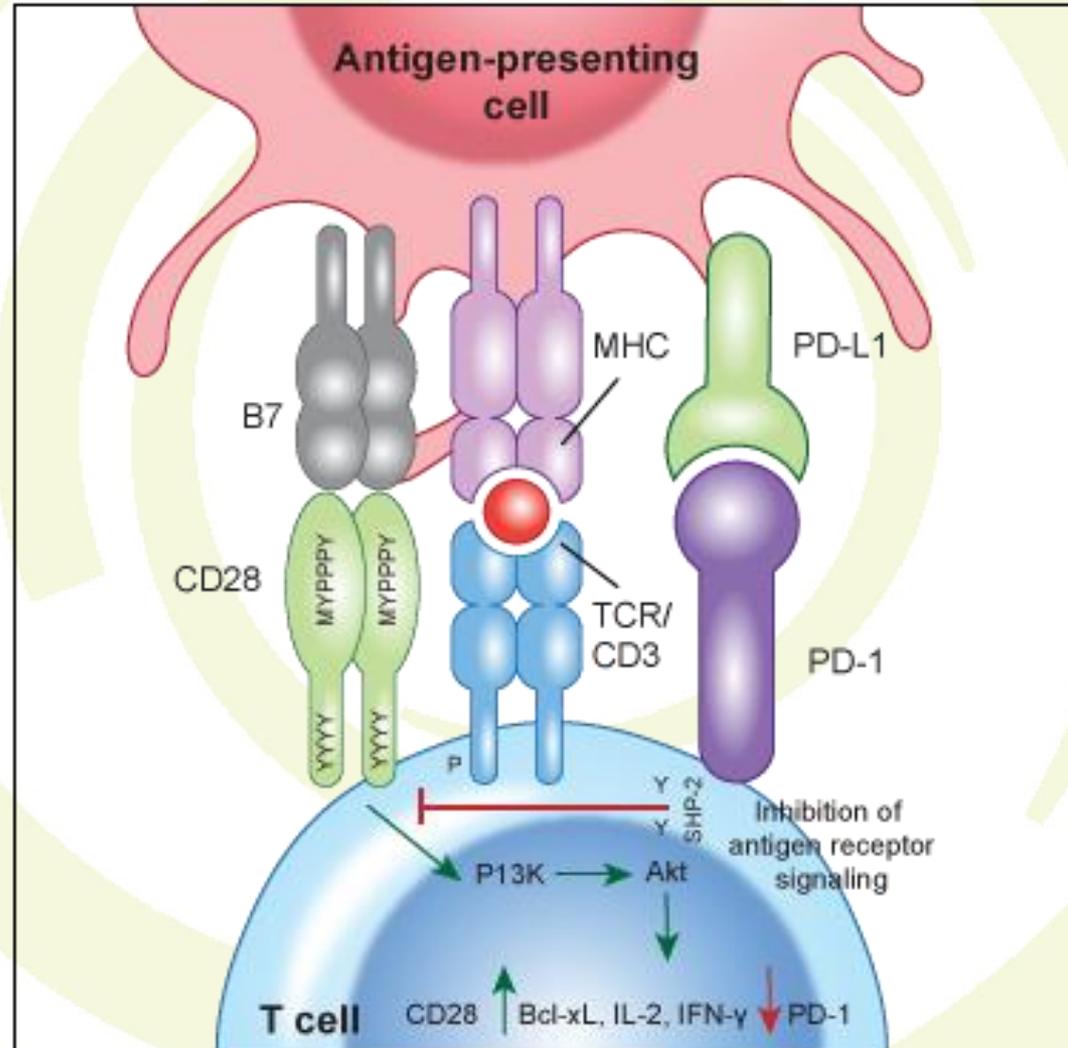
Blocking PD-1/PD-L1 Pathway Reactivates T cells

PD-1 is the receptor on T cells – its ligand PD-L1 is on immune cells or tumor cells



Interaction of PD-1 with its ligands, PD-L1/PD-L2 inhibits CD28 signaling in T cells

- PD-1 is upregulated on T cells after activation
- PD-L1 is found on both immune and non-immune cells in peripheral tissues
- PD-L2 is mostly found on immune cells in response to inflammatory stimuli
- In contrast, CTLA-4 and its ligands are only found on immune cells
- Mice deficient in PD-1 have delayed development of autoimmune disease compared to CTLA-4 deficient ones



Knockout of PD-1 genes associated with autoimmune diseases (preclinical data)

Mice lacking PD-1: autoimmunity depending on model
e.g., arthritis and cardiomyopathy.

Polymorphism of PD-1 genes associated with autoimmune diseases (clinical data)

Autoimmune Disease	Polymorphism
Lupus	PD-1
Rheumatoid Arthritis	PD-1

Overview of possible mechanisms of irAE

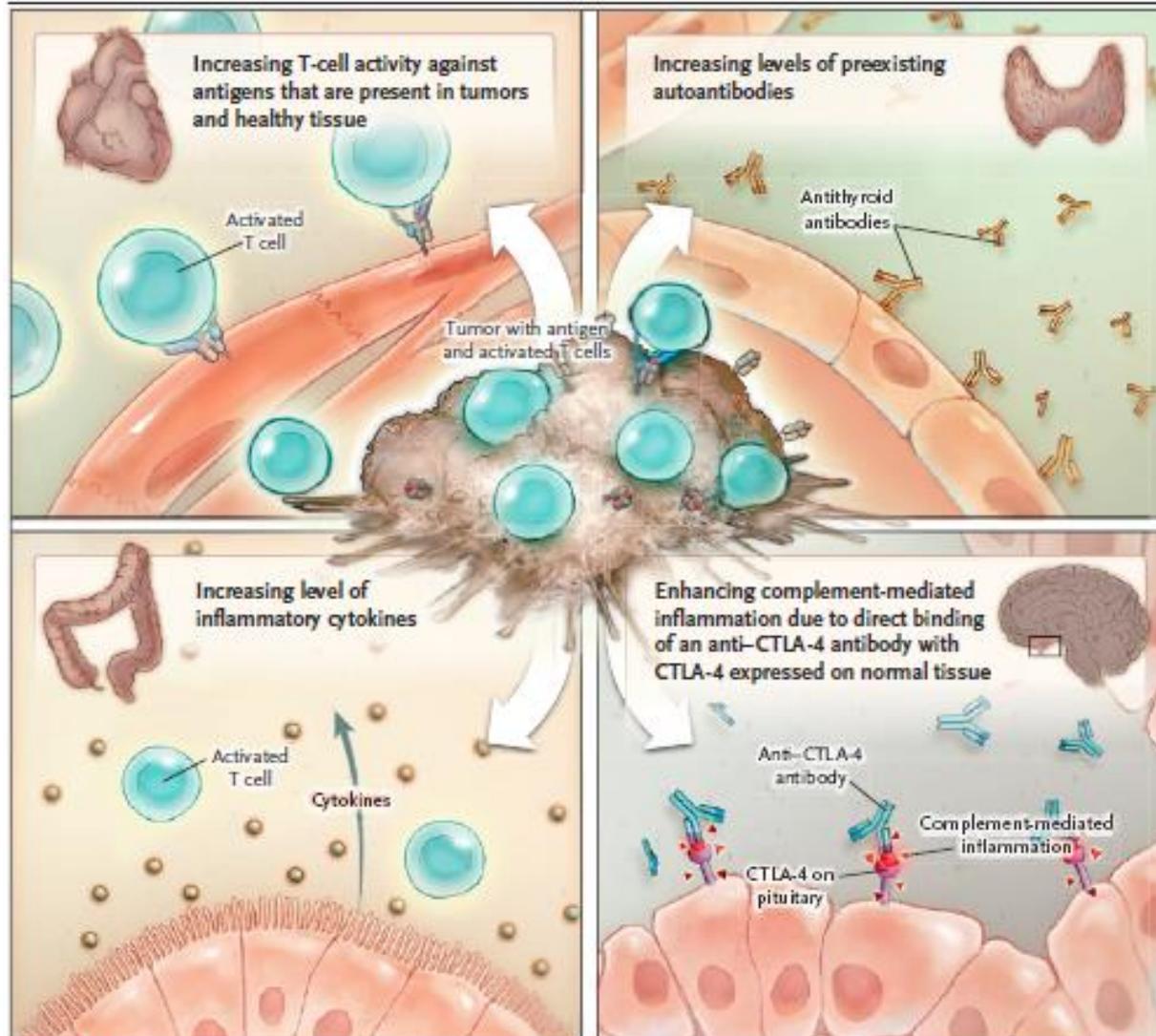


Figure 2. Possible Mechanisms Underlying Immune-Related Adverse Events.

N Engl J Med.
 2018;378(2):158-168.

Early and late irAEs may occur by distinct mechanisms

Early and common

Mucosal
Colitis
Rash
Pneumonitis

Global Regulatory T
cell dysfunction

Activation of Effector
T cells (Th₁₇)

Recruitment of
inflammatory cells
(neutrophils)

Late and rare

Specific organ
Hypophysitis
(other endocrine)
Myocarditis; Neurologic
Arthritis; Vitiligo

Breakdown of organ
specific tolerance

Activation of tumor
specific T cells that
recognize antigen
shared between tumor
and healthy tissue:
vitiligo, myocarditis

Activation of tissue
specific anergic T cells
that recognize antigen
distinct from the tumor

T cell or antibody mediated
tissue destruction

Summary: CTLA-4 and PD-1 are important in maintenance of peripheral immune tolerance

- CTLA-4 expression on effector and regulatory T cells prevents co-stimulation through CD28 and maintains T cell anergy and peripheral tolerance
- Activation of PD-1 on activated T cells by its ligands renders them non-functional
- PD-1 activates regulatory T cells to maintain peripheral tolerance
- Humans with CTLA-4 haploinsufficiency develop a spectrum of autoimmune manifestations similar to irAEs seen after treatment with Ipilimumab