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Severe Immunotherapy Complications (SIC) Service: A Model Integrating Clinical Care and Clinical-Translational Research

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In relation to this presentation, I declare that there are no conflicts of interest.



Estimated # of Patients, > 270,000+

	Stage III % of Total Incidenc	Max Eligible v/o Ree	cur.
NSCLC Stage III (post-chemoRT)	20%	19,435	
	Stage III % of Total Incidenc	Max Eligible v/o Ree	cur.
Melanoma Stage III (post-surgery)	7%	6,172	
	Stage IV % of Total Incidenc	Max Eligible v/o Red	cur.
NSCLC Stage IV	51%	98,057	
SCLC Extensive (Stage IV)	51%	14,656	
Female Breast Stage IV	6%	15,906	
Melanoma Stage IV	4%	4,036	
RCC Stage IV	15%	11,180	
Bladder Stage IV	16%	12,785	
Colon Stage IV	23%	23,130	
Rectal Stage IV	19%	8,226	
Hodgkin Lymphoma Stage IV	21%	1,716	
Head & Neck squamous cell carcinoma	i 50%	23,935	
Merkel Cell carcinoma Stage IV	7%	112	
Hepatocellular carcinoma Stage IV	26%	10,891	
Microsatellite instability-high colorectal	NA	7,500	
Microsatellite instability-high noncolorectal	NA	0	
Gastric Stage IV	39%	10,665	
Primary mediastinal large B-cell lymphom	a 50%.	890	
Cervical Stage IV	17%	2,199	
Citation: SEER 18, National Cancer Data Base (NC	DB)	271,492	

SEER, NCDB

Immune Checkpoint Inhibitor (ICI) at MGH





Immune-Related AEs (irAEs)



- Colitis
- **Hepatitis**
- Pneumonitis
- Endocrinopathies
- **Myocarditis**
- Nephritis
- Anemia/Neutropenia/Thromboc ytopenias
- Arthritis
- Dermatitis
- Neuro Involvement
- Uveitis



5







<u>Chest CT 4/4/16 @6PM</u>





Many Questions, Few Answers

- What is the best way to prepare physicians and teams for the wave of these case presentations? How do we assemble experts?
- Can we define these events and create a framework for the development of best practices to manage them?
- Can we develop diagnostics that help us detect immune related adverse events early, and with accuracy?
- Are there biomarkers to indicate if you are going to have an uncomplicated course or one like David's?
- What is the underlying pathophysiology of the clinical presentations? How can this lead to evidence-based treatments for toxicity?
- Can we uncover predictors for the development of severe toxicity? How can we develop a clinical prediction model to inform patients and providers?

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Immunotherapy Toxicity Service





Nephrology

The Incidence, Causes, and Risk Factors of Acute Kidney Injury in Patients Receiving Immune Checkpoint Inhibitors

Harish Seethapathy,1 Sophia Zhao,1 Donald F. Chute,1 Leyre Zubiri,2 Yaa Oppong (),1 Ian Strohbehn,1 Frank B. Cortazar,¹ David E. Leaf , Meghan J. Mooradian,² Alexandra-Chloé Villani,^{4,5} Ryan J. Sullivan,² Kerry Reynolds,2 and Meghan E. Sise

Abstract

Background and objectives Immune checkpoint inhibitor use in oncology is increasing rapidly. We sought to determine the frequency, severity, cause, and predictors of AKI in a real-world population receiving checkpoint inhibitors

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Design, setting, participants, & measurements We included all patients who received checkpoint inhibitor therapy from May 2011 to December 2016 at Massachusetts General Hospital. Baseline serum creatinine, averaged 6 months before checkpoint inhibitor start date, was compared with all subsequent creatinine values within 12 months of starting therapy. AKI was defined by Kidney Disease: Improving Global Outcomes criteria for fold changes in creatinine from baseline. Sustained AKTevents lasted at least 3 days and was our primary outcome. The cause of sustained AKI was determined by chart review. Cumulative incidence and subdistribution hazard models were used to assess the relationship between baseline demographics, comorbidities, and medications, and sustained AKI and potential checkpoint inhibitor-related AKI.

Results We included 1016 patients in the analysis. Average age was 63 (SD 13) years, 61% were men, and 91% were Medicine, Brigham white. Mean baseline creatinine was 0.9 mg/dl (SD 0.4 mg/dl), and 169 (17%) had CKD (eGFR<60 ml/min per and Women's 1.73 m²) at baseline. A total of 169 patients (17%) experienced AKI, defined by an increase in creatinine at least 15 times the baseline within 12 months; 82 patients (8%) experienced sustained AKI and 30 patients (3%) had potential checkpoint inhibitor-related AKI. The first episode of sustained AKI occurred, on average, 106 days (SD 85) after checkpoint inhibitor initiation. Sixteen (2%) patients experienced stage 3 sustained AKI and four patients required dialysis. Proton pump inhibitor use at baseline was associated with sustained AKI.

Nephrology Department of Internal Conclusions AKI is common in patients receiving checkpoint inhibitor therapy. The causes of sustained AKI in this Medicine, population are heterogenous and merit thorough evaluation. The role of PPI and other nephritis-inducing drugs in Massachusetts the development of sustained AKI needs to be better defined General Hospital

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Introduction

Immune checkpoint inhibitors act by releasing the natural breaks on immune activation and enhancing the immune system's ability to destroy tumor cells. Approved agents target checkpoint pathways mediated by cytotoxic T lymphocyte-associated antigen 4 (CTLA4), programmed cell death protein 1 (PD1), and programmed death ligand 1 (PDL1) (1-10). Checkpoint inhibitors have produced durable responses in a subset of patients with cancer, but the benefit comes at a cost. Unchecked activation of the immune system may cause multisystem, immune-related adverse events, which can be fatal (11,12). Acute interstitial nephritis (AIN) is the most common biopsy-proven diagnosis in patients on checkpoint inhibitors who develop AKI (13-16). The mechanism is not well defined. Checkpoint inhibitors may provoke unregulated

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T cell responses and proliferation in the tubulointerstitium; however, it is also possible that checkpoint inhibitors lead to loss of immune tolerance and activation of memory T cells previously primed by other haptens that cause AIN, including medications (12). Supporting the latter theory, two of the larger series found that 73% (14 of 19) of patients on immune checkpoint inhibitors with biopsy-proven AIN had exposure to other drugs associated with AIN, such as proton pump inhibitors (PPIs) or nonsteroidal anti-inflammatory drugs (NSAIDs) (13,14). Currently, the American Society of Clinical Oncology guidelines recommend interrupting checkpoint inhibitor therapy and evaluating any patient whose serum creatinine rises 1.5-fold above baseline i.e., ≥stage 1 AKI (17). An empirical course of steroids is recommended for a patient with stage 2 AKI when an

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Proton Pump Inhibitor Associated with AKI



Seethapathy et al, CJASN, 2019

Example of SIC Service in Action

73 YOM w/ renal cell carcinoma (s/p nephrectomy), CKD (Cr 1.64), HTN that is 6 weeks out from first anti-PD-1 (with axitinib) for metastatic renal cell carcinoma.

Cycle 2 began the start of what he reports is "flu-like" symptoms – fatigue, dry cough, SOB, chest "constriction", better when he sits up. He came to clinic for his 3rd dose found to be in aflutter/fib with HR in 150s. His troponin was 117. Stable hemodynamics. Looks well.

Cardiac RF: impressive calcifications on his chest CT, CKD, HTN







ECHO normal

Next-Generation Microscope: Single Cell Genomics Strategies



Cellular Ecosystem Appears Shared Across Patients



There are shared biological programs driving irAEs (not patient specific)



C Villani Lab 2019

Cellular Ecosystem Appears Shared Cancer Types



→ irAEs are more closely related to the immune system than to the tumor



Outcomes of SIC Program

- Identify a set of biomarkers to be implemented in clinic
- Development of better therapeutic strategies to treat autoimmunetoxicities while maintaining anti-tumor immunity → inform nextgeneration mechanism-based clinical trial
- Further our understanding of early mechanisms leading to autoimmune diseases
- Identifying novel druggable targets with immunosuppressive potential
- Train the next-generation of physicians and scientists to embrace precision medicine
- Deliver world-class care and help patients and their families through the immunotherapy journey



Facing Immunotherapy

A PORTION OF THE PROCEEDS FUNDS IMMUNOTHERAPY RESEARCH

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FACING IMMUNOTHERAPY A Guide For Patients And Their Families

Kerry L. Reynolds, MD | Justine V. Cohen, DO | Leyre Zubiri, MD, PhD | Theodore A. Stern, MD

"Today, immunotherapy plays a role in the management of almost every type of cancer. And when approved cancer treatments are no longer working, many patients are offered the opportunity to participate in clinical trials of new agents, of which the most exciting and promising may be immune therapies. In my practice, patients want to know and need to know how these immune therapies work, what kinds of benefit to expect, what side effects they cause, when they should call their doctor for problems, how other lifestyle factors

and medications affect their treatment, and how to treat their side effects. These outstanding clinicians and researchers provide answers to these questions that are both comprehensive and EASY TO UNDERSTAND. This book will be an INVALUABLE RESOURCE for cancer patients (and their families) who are about to start or are undergoing immune therapy, and goes far beyond what I can teach and explain when I see patients."

> - Dr. Mario Sznol, President, Society of Immunotherapy for Cancer, Professor of Internal Medicine (Medical Oncology), Co-Leader, Cancer Immunology Program, Yale Cancer Center, Leader, Melanoma Disease-Related Translational Research Team, Yale Cancer Center

⁴⁴ Facing a diagnosis of cancer and deciding on which treatment to pursue can be very frightening but learning about the options and understanding the process is perhaps the most important thing to do. This book PROVIDES AUTHORITATIVE, CONTEMPORARY AND PRACTICAL ADVICE on the role of immunotherapy, a new form of cancer treatment now available for many patients. The book provides information on how immunotherapy differs from other forms of therapy and provides patients, and their families with instructions on what to monitor and when to contact the healthcare team. This SHOULD BE REQUIRED READING for all patients with cancer and be in every infusion center waiting room."

- Dr. Howard L. Kaufman, Past President, Society for Immunotherapy of Cancer, Director, Oncolvtic Virus Research Laboratory, Massachusetts General Hospital

The treatment of cancer with immunotherapy has truly come of age. While these treatments are an exciting new option for many patients, we are only beginning to understand why and how the side effects from these medications occur. Now more than ever patients need an EASY TO READ, easy to understand go-to text regarding what to expect from immunotherapy. This book provides incredibly valuable information on the side effects of immunotherapy, and is A MUST READ for patients and their family members. Congratulations to the MGH team of doctors, scientists, nurse practitioners, nurses, social workers, and therapists on this important work."

> - Dr. Jarushka Naidoo, Assistant Professor of Oncology, Co-chair, Johns Hopkins Immune-related Toxicity Team, Sidney Kimmel Comprehensive Cancer Center at Johns Hopkins University, Bloomberg-Kimmel Institute for Cancer Immunotherapy



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By Leading Experts at Massachusetts General Hospital Kerry L. Reynolds, MD Justine V. Cohen, DO Leyre Zubiri, MD, PhD Theodore A. Stern, MD





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Thank You

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- Dr. Dave Ryan, Chief of Hem Onc, MGH
- Dr. Keith Flaherty, Cancer Center
- Dr. Chloe Villani, CIID, Cancer Center, MGH

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Developing irAEs Prediction Models





Cardiac Toxicity

FIGURE 1 Clinical Presentation of Patients With ICI-Associated Myocarditis





S Mahmood, T Neilan, JACC, 2018



<u>Cardiology</u>

Global longitudinal strain as a predictor of cardiac events among patients with immune checkpoint inhibitor-associated myocarditis: A multicenter international study

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Adawalla et al, 2019, In Press JACC



Endocrine



Hypophysitis secondary to nivolumab and pembrolizumab is a clinical entity distinct from ipilimumab-associated hypophysitis

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Abstract

Objective: Little has been published describing hypophysitis after nivolumab or pembrolizumab treatment. We aimed to (i) assess the risk of hypophysitis following nivolumab or pembrolizumab treatment, (ii) characterize the clinical presentation and outcomes in these patients and (iii) compare these patients to hypophysitis following ipilimumab and ipilimumab plus nivolumab (combo). We hypothesized that headaches, pituitary enlargement on MRI and multiple anterior pituitary hormone deficiencies would occur less often in the nivolumab/pembrolizumab group versus ipilimumab or combo hypophysitis patients.

Design and methods: We conducted a multi-center retrospective review utilizing the Research Patient Database registry to evaluate individuals diagnosed with hypophysitis following treatment with nivolumab/pembrolizumab (n = 22), ipilimumab (n = 64) and combo (n = 20). Encounter notes, radiologic imaging and laboratory results for these patients were comprehensively reviewed.

Results: Hypophysitis was rare following treatment with nivolumab/pembrolizumab (0.5%, 17/3522) compared to ipilimumab (13.6%, 34/250), P < 0.0001. Hypophysitis was diagnosed later in nivolumab/pembrolizumab (median: 25.8 weeks, interquartile range (IR): 18 4-44 (0) compared to inilimumab (9.3, IR: 7.2-11.1) or combo patients (12.5, IR: 7.4-18.6), P < 0.0001 for both. Headache and pituitary enlargement occurred less commonly in nivolumab/ pemrolizumab patients (23% and 5/18, respectively) compared to ipilimumab (75%, 60/61) and combo (75%, 16/17) treatment groups (P < 0.0001 versus ipilimumab and P = 0.001 versus combo for headache and P < 0.0001 for both for enlargement).

Conclusions: This study represents the first comprehensive cohort analysis of nivolumab or pembrolizumab-associated hypophysitis in a large patient group. Hypophysitis occurs rarely with these medications, and these patients have a distinct phenotype compared to hypophysitis after treatment with ipilimumab or ipilimumab plus nivolumab.

> European Journal of (2019) 181, 211-219

Introduction

Seven immune checkpoint inhibitors (CPIs) are currently in recent years and now include at least 15 different approved by the US Food and Drug Administration (FDA) cancer types. The number of patients treated with these (ipilimumab, nivolumab, pembrolizumab, cemiplimab, atezolizumab, avelumab and durvalumab). FDA-approved treatment indications for CPIs have expanded greatly

medications has increased in parallel; approximately 2000 new treatment initiations have taken place at our institution alone during the past two and a half years.

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Important Clinical Findings for PD1 Hypophysitis

- 0/50 had diabetes insipidus
- 48/49 had hypoadrenalism
- 3/42 had hypothyroidism
- 1/23 had hypogonadism



Fage et al, European Journal of Endocrinology, 2019

Outcomes in Patients on Steroids





Faje, Cancer, 2018

Outcomes in Patients with Toxicity

Disease	Drug	Outcome	Study
Melanoma (N = 298)	Ipilimumab (CTLA4)	No difference in OS or TTF for irAEs or systemic steroids to treat irAE	Horvat, 2015
Mixed (N= 83)	Pembrolizumab (PD1)	Cutaneous AEs associated with improved PFS	Sanlorenz, 2015
Melanoma (N = 67)	Pembrolizumab (PD1)	Vitiligo = Higher RR	Hua, 2016
Melanoma (N = 576)	Nivolumab (PD1)	> 3 irAEs = Higher RR	Weber, 2017
Lung Cancer (N = 38)	Nivolumab (PD1)	Patients with irAEs = Higher RR and longer PFS	Sato, 2018
Lung Cancer (N = 134)	Nivolumab (PD1)	Patients with irAEs = Longer PFS and OS	Haratani, 2018
Melanoma $(N = 98)$	Ipiliumab (CTLA4)	Patients with hypophysitis =	Faje, 2018