

## Management and Mitigation of irAEs for Immunotherapy Prescribers

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Association of Community Cancer Centers



Society for Immunotherapy of Cancer



## Disclosures

- Consultant: Amgen, Roche, Nektar
- I will be discussing non-FDA approved indications during my presentation.









#### The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

#### Nivolumab versus Everolimus in Advanced Renal-Cell Carcinoma

R.J. Motzer, B. Escudier, D.F. McDermott, S. George, H.J. Hammers, S. Srinivas,
S.S. Tykodi, J.A. Sosman, G. Procopio, E.R. Plimack, D. Castellano, T.K. Choueiri,
H. Gurney, F. Donskov, P. Bono, J. Wagstaff, T.C. Gauler, T. Ueda, Y. Tomita,
F.A. Schutz, C. Kollmannsberger, J. Larkin, A. Ravaud, J.S. Simon, L.-A. Xu,
I.M. Waxman, and P. Sharma, for the CheckMate 025 Investigators\*









# Change from baseline in quality of life scores on FKSI-DRS

- QoL assessed using Functional Assessment of Cancer Therapy Kidney Symptom Index–Disease-Related Symptoms (FKSI-DRS) scoring algorithm
- A clinically meaningful and statistically significant improvement in QoL was seen with nivolumab versus everolimus for the duration of the study FKSI-DRS: Mean Change From Baseline **Nivolumab** -2

**Everolimus** -6 52 56 92 96 100 104 Week No. of patients at risk Nivolumab 362 334 302 267 236 208 186 164 159 144 132 119 112 12 15 12 26 20 **Everolimus** 344 316 270 219 191 157 143 122 102 97 87 74 73 

Questionnaire completion rate: ≥80% during the first year of follow-up





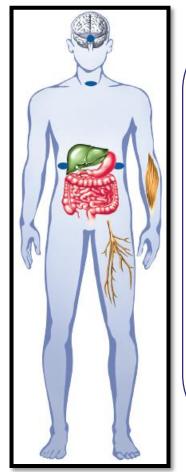




## Toxicity with immunotherapy agents

Activation of the immune system against tumors can result in a novel spectrum of immune-related Adverse Events (**irAEs**)

- May be due to cytokine release by activated T cells
- May be unfamiliar to clinicians
- Requires a multidisciplinary approach
- Can be serious
- Requires prompt recognition and treatment
- Requires patient and HCP
   education



## irAEs occur in certain organ systems:

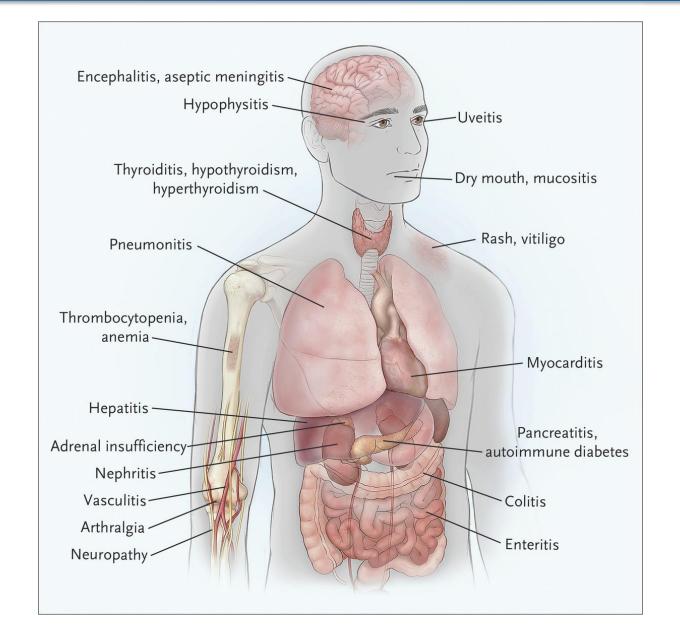
- Skin
- Endocrine system
- Liver
- Gastrointestinal tract
- Nervous system
- Eyes
- Respiratory system
- Hematopoietic cells
- Musculoskeletal
- Cardiac







## **IRAE Management: End Organ**



AE	Patients reporting event, %									
	NIVO <sup>a,b</sup>		NIVO + IPI <sup>a,c</sup>		IPI <sup>a,d</sup>		Pembro <sup>e,f</sup>			
	Any grade	Grade 3/4	Any grade	Grade 3/4	Any grade	Grade 3/4	Any grade	Grade 3-5		
Pruritus	18.8	0	33.2	1.9	35.4	0.3	14.1	0		
Rash	25.9	0.6	40.3	4.8	32.8	1.9	13.4	0		
Diarrhea	19.2	2.2	44.1	9.3	33.1	6.1	14.4	1.1		
Colitis	1.3	0.6	11.8	7.7	11.6	8.7	2.9	1.8		
Elevated ALT	3.8	1.3	17.6	8.3	3.9	1.6	1.4	0.4		
Elevated AST	3.8	1.0	15.3	6.1	3.5	0.6	2.2	0.4		
Hypothyroidism	8.6	0	15.0	0.3	4.2	0	7.6	0		
Hypophysitis	0	0	0.3	0	0	0	0.4	0.4		
Pneumonitis	1.3	0.3	6.4	1.0	1.6	0.3	1.8 <sup>g</sup>	0.4 <sup>g</sup>		

<sup>a</sup>Based on data from the phase 3 study CheckMate 067 [6]. Incidence of hypophysitis and pneumonitis is based on unpublished data from CheckMate 067.

<sup>b</sup>One treatment-related death (neutropenia) was reported.

<sup>c</sup>No treatment-related deaths were reported.

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<sup>d</sup>One treatment-related death (cardiac arrest) was reported.

<sup>e</sup>Based on data from the phase 3 study KEYNOTE-006 every 3 week dosing group [4].

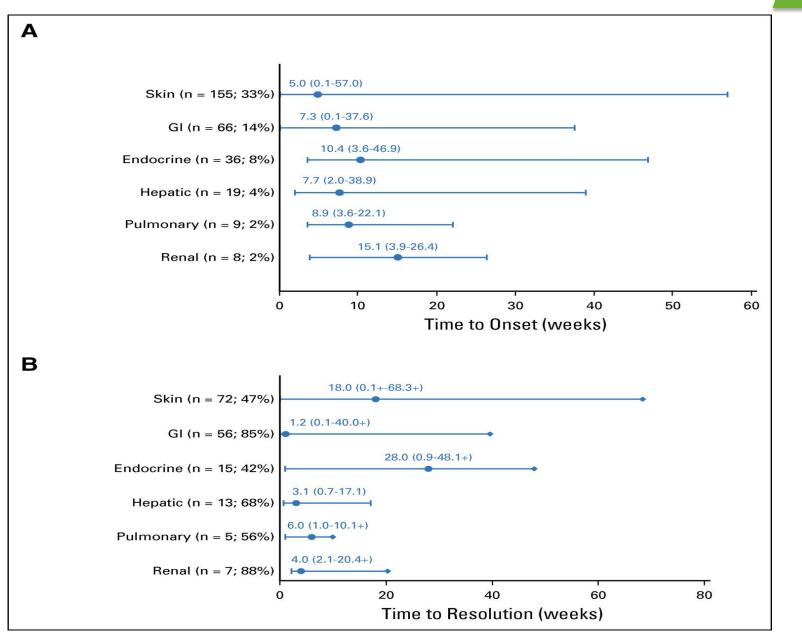
<sup>f</sup>No treatment-related deaths were reported.

<sup>g</sup>AE of special interest, regardless of attribution of study drug.

Abbreviations: AE, adverse event; ALT, alanine aminotransferase; AST, aspartate aminotransferase; IPI, ipilimumab; NIVO, nivolumab; Pembro, pembrolizumab.



#### **IRAE MANAGEMENT: TIME**





## PD-1 Pathway Blockade Based ImmunoRx: Unanswered Questions

- Will toxicity management prove challenging?
  - Will rare but serious toxicities occur?
  - Will late toxicity emerge?
  - Will certain toxicities make combinations difficult?
  - Will history of autoimmunity limit application?







## Case Study #1

- A 66-year-old male previously treated mRCC enrolled in a clinical trial of anti-PD-L1 Ab therapy
- Approximately two weeks after his second dose of anti-PD-L1 antibody, he
  presented with sudden onset of double vision, along with a 10-day history of
  muscle pain and weakness, joint aches and generalized malaise.
- Neurologic exam was notable for near complete opthalmoplegia, fatigability of his deltoids, otherwise non-focal. Labs were notable for transaminitis and myositis.

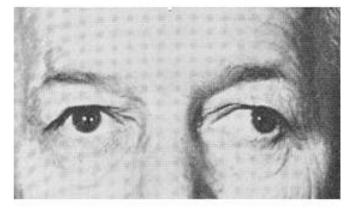




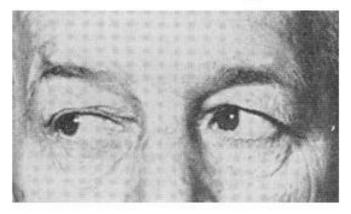
#### "Look at me"



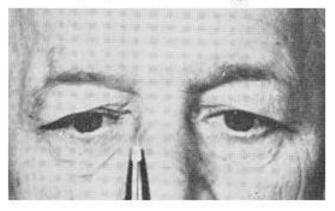
#### "Look to the left"



#### "Look to the right"



#### "Look at this object"











#### Case Description: 66-Year-Old Male (continued)

- This patient was diagnosed with drug-induced myasthenia gravis by serologic testing:
  - Clinical trial related labs: Antibody titer detected in pretreatment sample at lower level.







# Case Description: 66-Year-Old Male (continued)

- Neurologic symptoms resolved on steroids.
- Patient was taken off study, then developed disease progression three months later.
- Patient subsequently received VEGF TKI therapy.

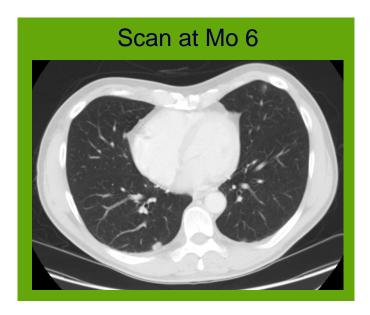


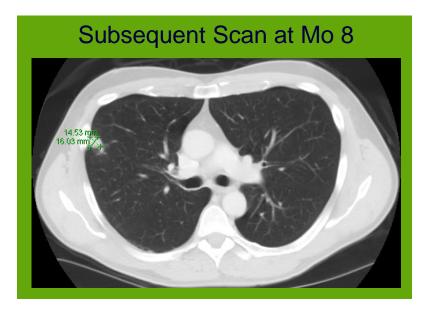




#### Case Study #2

- A 56-yr-old male with stage 4 RCC was treated with high dose IL-2
- After progression, he was enrolled in clinical trial for nivolimab at 3 mg/kg
  - Patient developed a dry cough and came in for an exam



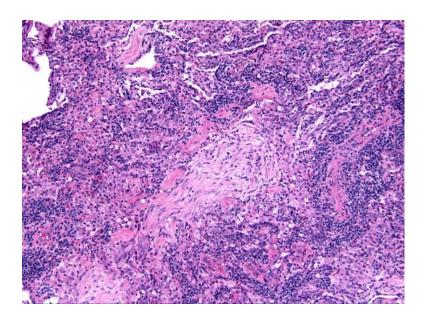






### Case Study #2

- Patient underwent biopsy to confirm disease progression
  - Biopsy suggested bronchiolitis obliterans











Patient underwent biopsy to confirm disease progression, and the biopsy suggested bronchiolitis obliterans.

How would you manage this patient?

- 1. Continue nivolumab and start steroid treatment.
- 2. Continue nivolumab and start broad-spectrum antibiotics.
- 3. Discontinue nivolumab and start steroid treatment.
- 4. Discontinue nivolumab and start broad-spectrum antibiotics.









## Case Study #2

- Symptoms and lung lesions resolved with initiation of steroid therapy
- Nivolumab treatment was discontinued, and disease is currently stable off all therapy x two years











## PD-1 Pathway Blockade Based ImmunoRx: Unanswered Questions

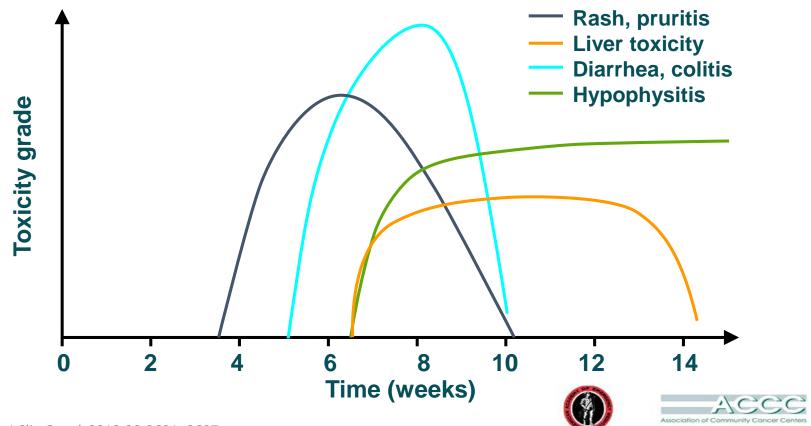
- Will toxicity management prove challenging?
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Immune checkpoint inhibitors: immune-related adverse event (irAE) onset

- Each irAE has different kinetics of onset
- Rash first, followed by colitis, hypophysitis and finally hepatitis

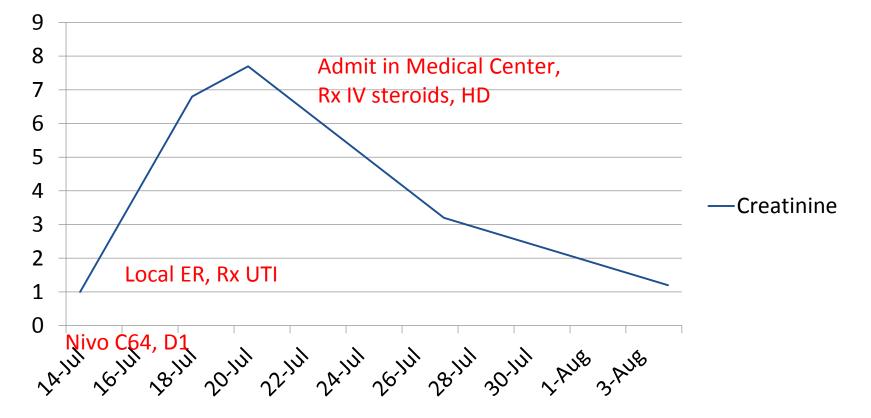






## Late PD-1 Toxicity?: Acute Renal Failure

#### Creatinine



74 yo female, mRCC, s/p sunitinib, enrolled in Nivo P2 trial







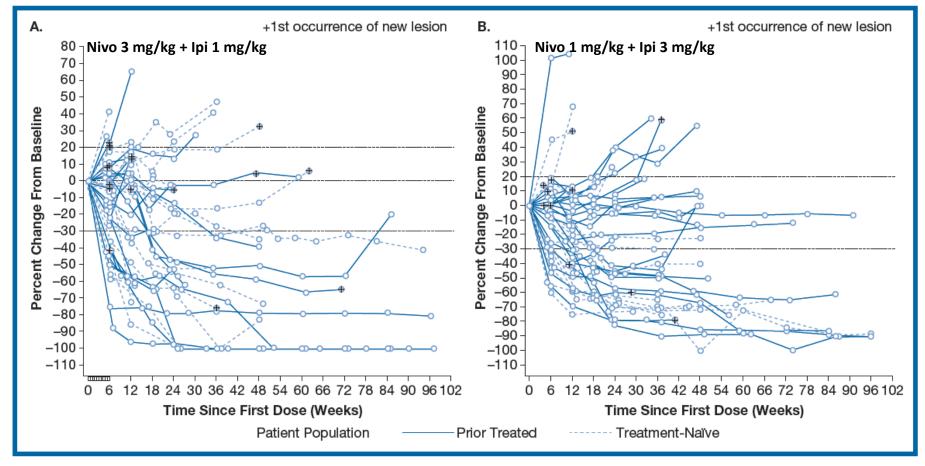
## PD-1 Pathway Blockade Based ImmunoRx: Unanswered Questions

- Will toxicity management prove challenging?
  - Will rare but serious toxicities occur?
  - Will late toxicity emerge?
  - Will certain toxicities make combinations difficult?
    - (e.g. nephritis, hepatitis, pneumonitis)
  - Will history of autoimmunity limit application?





## PD-1 + CTLA-4 Blockade RCC Results: Tumor burden











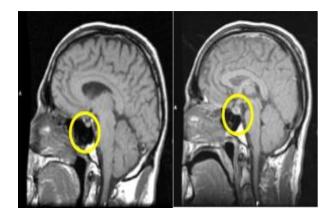
## Improving Immune Activation: The Consequences - CTLA4 Antibodies



Dermatitis

Colitis





Hypophysitis









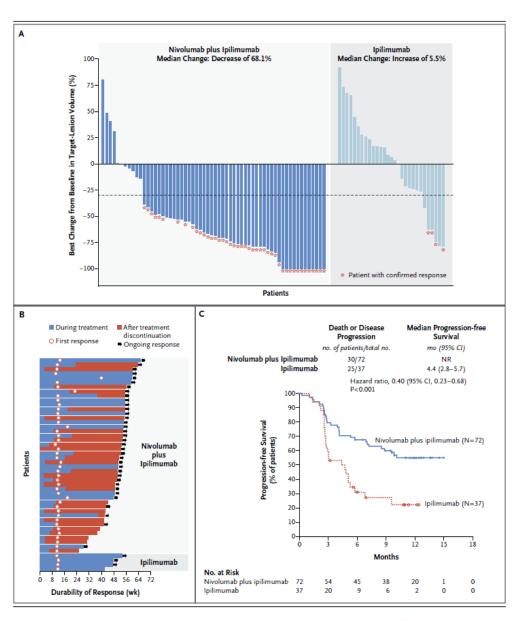
#### ORIGINAL ARTICLE

## Nivolumab and Ipilimumab versus Ipilimumab in Untreated Melanoma

Michael A. Postow, M.D., Jason Chesney, M.D., Ph.D., Anna C. Pavlick, D.O.,
Caroline Robert, M.D., Ph.D., Kenneth Grossmann, M.D., Ph.D., David McDermott, M.D.,
Gerald P. Linette, M.D., Ph.D., Nicolas Meyer, M.D., Jeffrey K. Giguere, M.D.,
Sanjiv S. Agarwala, M.D., Montaser Shaheen, M.D., Marc S. Ernstoff, M.D.,
David Minor, M.D., April K. Salama, M.D., Matthew Taylor, M.D.,
Patrick A. Ott, M.D., Ph.D., Linda M. Rollin, Ph.D., Christine Horak, Ph.D.,
Paul Gagnier, M.D., Ph.D., Jedd D. Wolchok, M.D., Ph.D., and F. Stephen Hodi, M.D.













DVANCES	The NEW ENGLAND JOURNAL of MEDICINE									
	Table 4. Select Adverse Events and Their Management with Immunomodulatory Medication (IMM), According to Organ Category.									
MMUNOTHER	Organ Category	Nivolumab plus Ipilimumab (N=94)					Ipilimumab (N=46)			
		Reported Adverse Event	Treatment with IMM	Resolution of Event after Treatment with IMM	Median Time to Resolution	Reported Adverse Event	Treatment with IMM	Resolution of Event after Treatment with IMM	Median Time to Resolution	
		no. of patients	no. of patient	s/total no. (%)	wk (95% CI)	no. of patients	no. of patients	s/total no. (%)	wk (95% CI)	
	Skin									
	Any grade	67	41/67 (61)	24/35 (69)	18.6 (9.3–35.1)	26	13/26 (50)	11/13 (85)	8.6 (3.3–22.0)	
	Grade 3 or 4	9	9/9 (100)	8/9 (89)	6.1 (0.9–24.1)	0	0	0	NE	
	Gastrointestinal									
	Any grade	48	31/48 (65)	26/20 (03)	4.7 (3.0–6.7)	17	11/17 (65)	7/9 (78)	5.0 (1.4–12.1)	
	Grade 3 or 4	20	17/20 (85)	15/17 (88)	4.3 (1.4–10.7)	5	5/5 (100)	4/5 (80)	3.6 (0.7–5.0)	
	Endocrine†									
	Any grade	32	14/32 (44)	2/14 (14)	NE (NE-NE)	8	3/8 (38)	1/3 (33)	NE (0.9–NE)	
	Grade 3 or 4	5	4/5 (80)	1/4 (25)	NE (5.6–NE)	2	2/2 (100)	1/2 (50)	NE (0.9–NE)	
	Hepatic									
	Any grade	26	13/26 (50)	11/13 (85)	14,1 (2,1, 19,6)	2	0/2	0	NE	
	Grade 3 or 4	14	12/14 (86)	10/12 (83)	8.3 (2.1–14.1)	0	0	0	NE	
	Pulmonary									
	Any grade	11	8/11 (73)	6/8 (75)	6.1 (0.3–9.0)	2	2/2 (100)	2/2 (100)	3.2 (2.9–3.6)	
	Grade 3 or 4	3	3/3 (100)	2/3 (67)	9.0 (0.3–9.0)	1	1/1 (100)	1/1 (100)	3.6 (NE–NE)	
	Renal									
	Any grade	3	2/3 (67)	2/2 (100)	0.4 (0.3–0.6)	1	0/1	0	NE	
	Grade 3 or 4	1	1/1 (100)	1/1 (100)	0.6 (NE–NE)	0	0	0	NE	





## PD-1 Pathway Blockade Based ImmunoRx: Unanswered Questions

- Will toxicity management prove challenging?
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#### **Original Investigation**

# Ipilimumab Therapy in Patients With Advanced Melanoma and Preexisting Autoimmune Disorders

Douglas B. Johnson, MD; Ryan J. Sullivan, MD; Patrick A. Ott, MD, PhD; Matteo S. Carlino, MBBS; Nikhil I. Khushalani, MD; Fei Ye, PhD; Alexander Guminski, MD, PhD; Igor Puzanov, MD; Donald P. Lawrence, MD; Elizabeth I. Buchbinder, MD; Tejaswi Mudigonda, BS; Kristen Spencer, DO; Carolin Bender, MD; Jenny Lee, MBBS; Howard L. Kaufman, MD; Alexander M. Menzies, MBBS; Jessica C. Hassel, MD; Janice M. Mehnert, MD; Jeffrey A. Sosman, MD; Georgina V. Long, MBBS; Joseph I. Clark, MD







**Original Investigation** 



#### Ipilimumab Therapy in Patients With Advanced Melanoma and Preexisting Autoimmune Disorders

Patient No.	Baseline Condition	Autoimmune Exacerbation	Treatment	Immune-Related Adverse Event	Treatment	Outcome Notes
2	Sarcoidosis			Glaucoma	Ocular steroids	
3	RA	Joint pain	As for hypophysitis	Hypophysitis	Prednisone 1 mg/kg tapered over 6 wk; now receiving 7.5 mg	Durable CR
4	RA			Thyroiditis	Prednisone 1 mg/kg tapered over 2 wk	
5	Psoriasis	Worsening plaques	As for colitis	Colitis	Methylprednisolone 2 mg/kg tapered over 6 wk	After 1 dos
6	Psoriasis, Graves disease			Hypophysitis	Prednisone 30 mg ×1 wk, transition to hydrocortisone over 5 d	PR
8	RA, polymyalgia rheumatica	Joint pain, myalgias	Prednisone 30 mg/d tapered over 1 mo			After 3 d
9	RA	Joint pain	Prednisone 15 mg/d down to 10 mg			After 7 mo
11	Transverse myelitis			Colitis	Prednisone 1 mg/kg tapered over 8 wk	
12	Crohn disease			Colitis	Methylprednisolone 1 mg/kg tapered over 8 wk	After 1 dos
14	Ulcerative colitis	Diarrhea, disease flare	Infliximab, dexamethasone 2 mg daily <sup>a</sup>			PR
15	Inflammatory arthritis <sup>6</sup>	Joint pain	As for colitis	Colitis	Prednisone 1 mg/kg tapered over 4 wk, infliximab	
20	Psoriasis			Hypophysitis	Prednisone 50 mg ×1 dose, then 5 mg daily	
23	Sarcoidosis	Hypercalcemia, renal insufficiency	Prednisone 25 mg/d, tapered to 20 mg after 4 wk			Ongoing SE
24	RA	Joint pain	Prednisone 10 mg/d, now receiving 8 mg/d			Opening PR
28	Psoriasis			Presumed colitis grade 5	Methylprednisolone 1 mg/kg	Patient died

RA, rheumatoid arthritis; SD, stable disease.

<sup>a</sup> Receiving dexamethasone for brain metastases; infliximab was added with

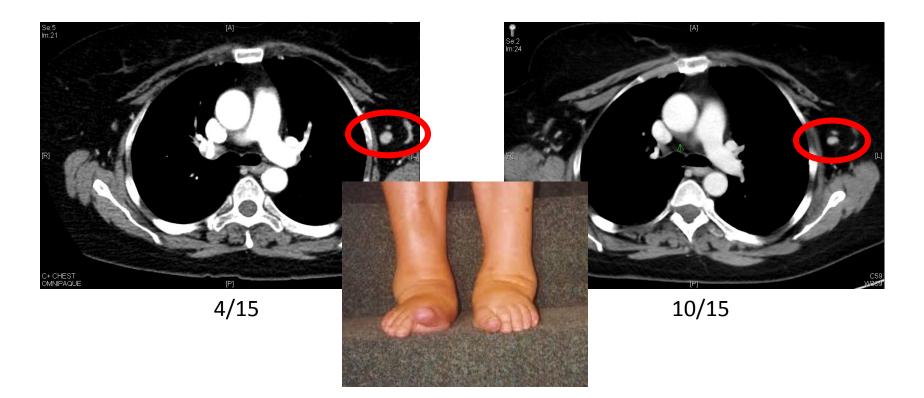
<sup>b</sup> Patient developed a chronic, inflammatory-appearing arthritis during nivolumab therapy that improved with use of low-dose steroids and hydroxychloroquine.



onset of diarrhea.



PD-1 Blockade in Patient with Autoimmune Disease



62 y.o. female, met melanoma, psoriatic arthritis S/P HD IL-2 4/15 - PD-1 (pembro) x 4 doses 7/15 - CTs = SD, PA flared, pembrolizumab held, rx – apremilast 10/15 - CT = MR, PA improved, plan = observation









## PD-1 Pathway Blockade Based ImmunoRx: Unanswered Questions

#### Will toxicity management prove challenging?

- Not to the informed
- Will rare but serious toxicities occur?
  - YES
- Will late toxicity emerge?
  - YES
- Will certain toxicities make combinations difficult?
  - Probably
- Will history of autoimmunity limit application?
  - Yes, in some cases









# **Resources for Managing Toxicities**

- SITC Consensus Paper on Managing Toxicities in Checkpoint Inhibitors: <u>https://jitc.biomedcentral.com/articles/10.1186/s40425-017-0300-z</u>
  - In progress: SITC will be releasing a handbook on managing toxicities see the additional resource section of your syllabus for more details.
  - In progress: SITC is currently developing a manuscript for CAR T cell treatment that will include a section on managing toxicities specific to CAR T. Stay tuned!
- NCCN Guideline: <u>https://www.nccn.org/professionals/physician\_gls/default.aspx#supportive</u>
- ASCO Guideline: <u>https://www.asco.org/practice-guidelines/quality-guidelines/guidelines/supportive-care-and-treatment-related-issues#/29866</u>





